

Problem DEEP-DIVE

Acknowledging that there is a problem is the first step to implementing positive change. Use the following questions to work through your problem in more detail

What is the problem?	What resulting outcome do you wish for when solving this problem?	How will you know that the problem is resolved?
What have you done that has worked in similar situations?	What is good about the current situation?	What have you done so far to fix the problem?
If you were an expert in the area of issue, what would you advise yourself to do?	What is the decision or action you may have been avoiding?	What are you going to do and when will you do it?