

DIVINE GRACE & FREEDOM

THE KINGDOM MINDED MAN
DISCIPLESHIP ASSIGNMENT · D2

FORGIVENESS ASSIGNMENT

KEY TO DELIVERANCE & HEALING

*"And whenever you stand praying, if you have anything against anyone, forgive him
and let it drop — in order that your Father Who is in heaven may also forgive you."*

— Mark 11:25

THE KEY TO DELIVERANCE & HEALING

You have been through things. Betrayal. Abandonment. Abuse. Spiritual deception. Men who should have covered you, didn't. Women who should have honored you, didn't. You carried those wounds into the New Age, into substances, into counterfeit spiritual practices — looking for relief that never came. Now you are standing at the threshold of real freedom. But there is one thing that will keep the door to your deliverance locked if you do not deal with it:

unforgiveness.

Unforgiveness is not just a spiritual inconvenience. It is a major barrier to receiving physical and spiritual healing and deliverance. The Word of God is unambiguous on this point. Read these scriptures carefully — not as religious obligation, but as Kingdom strategy for your own freedom.

"And whenever you stand praying, if you have anything against anyone, forgive him and let it drop (leave it, let it go), in order that your Father Who is in heaven may also forgive you your own failings and shortcomings and let them drop. But if you do not forgive, neither will your Father in heaven forgive your failings and shortcomings."

— MARK 11:25–26, AMPLIFIED BIBLE

"For if you forgive people their trespasses — their reckless and willful sins, leaving them, letting them go, and giving up resentment — your heavenly Father will also forgive you. But if you do not forgive others their trespasses, neither will your Father forgive you your trespasses."

— MATTHEW 6:14–15, AMPLIFIED BIBLE

Matthew 18:23–25 tells the parable of the servant whose master forgave him a massive debt, yet he refused to forgive his fellow servant a small one. When the master heard of it, he handed the unforgiving servant over to the torturers. Those torturers represent the demonic spirits of fear,

anger, rage, addiction, and infirmity that operate legally in a man's life when he refuses to forgive. When you hold onto offense, you are not punishing the person who hurt you — you are handing yourself over to the enemy.



WHAT FORGIVENESS ACTUALLY IS

Forgiveness is a choice — a decision of your will. Since God requires us to forgive, it is something we can do. It is contrary to the world, which tells you that you have the right to stay angry and hold onto offenses. The world calls that justice. God calls it a prison.

THE KINGDOM MINDED MAN UNDERSTANDS THIS

Forgiveness is the most selfish thing you can do — because it is the key to your own forgiveness, your way out of bitterness, and the path to getting free from being controlled by the very people who harmed you. Until forgiveness takes place, you are still hooked to the past and bound by it. You are giving your offenders rent-free space in your mind and legal access to your destiny.

It is also critical to understand that forgiving someone does not mean what they did was acceptable. It does not mean you trust them again or allow them back into your life. It means you are releasing them to God — the only true and righteous Judge — and removing yourself

from the role of judge. He knows exactly what happened and will take action accordingly, without your help.

| THE ASSIGNMENT: STEPS TO FREEDOM

Complete this assignment before your next appointment or discipleship session. If there are one or two names you are having a difficult time forgiving, bring their names — we will walk through it together.

01 PRAY & ASK GOD TO SURFACE THE NAMES

Sit quietly before God and ask the Holy Spirit to remind you of every person you need to forgive — whether the offense happened today, last year, or decades ago. Include parents, ex-partners, spiritual leaders, gurus, mentors, and anyone who deceived, abused, or abandoned you. Do not rush this step. Let the Spirit lead.

02 MAKE A WRITTEN LIST

Write every name down. Do not filter. Do not minimize. Include yourself — many men carry deep self-condemnation that must also be released. Include God if you have held resentment toward Him for things that happened in your past. He can handle your honesty.

03 SPEAK THE FORGIVENESS PRAYER ALOUD

Go through your list one name at a time. Speak this prayer out loud for each person. Do not rush. Let yourself feel it. This is not a religious exercise — it is a legal transaction in the spirit realm.

SPEAK THIS ALOUD — ONE NAME AT A TIME

THE FORGIVENESS PRAYER

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FORGIVENESS & RELEASE PRAYER

In the name of Jesus, I forgive _____ for _____, which made me feel _____.

I forgive and release _____ into blessings. I rejoice that I no longer will carry this burden.

I repent for judging _____. I sever the judgment; I call it null and void, and I bind every demonic power that has been assigned to carry out that judgment — in Jesus' name.

Do not forget to forgive yourself in the process. Repent for any anger or resentment you have carried toward God for things that happened in your past. He is not the one who hurt you — but He is the One who can heal you.

BREAKING UNGODLY SOUL TIES

Soul ties are spiritual bonds formed through sexual involvement outside of marriage, drug use and the sharing of needles, and by giving someone unrighteous authority over your life — including spiritual teachers, gurus, occult practitioners, and New Age mentors. These ties give the enemy legal access to your spirit, soul, and body long after the relationship has ended.

Breaking soul ties involves repenting of the sexual or other sin, forgiving the person if necessary, renouncing any covenants made with them, and then verbally severing the tie. Speak this prayer

aloud for every person on your list with whom you had a sexual relationship or gave unrighteous spiritual authority.

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SOUL TIE BREAKING PRAYER

In the name of Jesus, I break every ungodly soul and spirit tie with _____.

*I return to _____ all that is his/hers, and I take back all that is mine —
cleansed by the Blood of the Lamb.*

I declare that I am whole, complete, and fully free in Christ Jesus. Amen.

A WORD TO THE KINGDOM MINDED MAN

This is not weakness. This is the most courageous thing a man can do — to stand before God and release every person who wronged him, every wound he has carried, and every chain the enemy used to keep him bound. The lion does not stay in a cage. You were made for freedom. Walk into it. **In Jesus' name — Amen.**