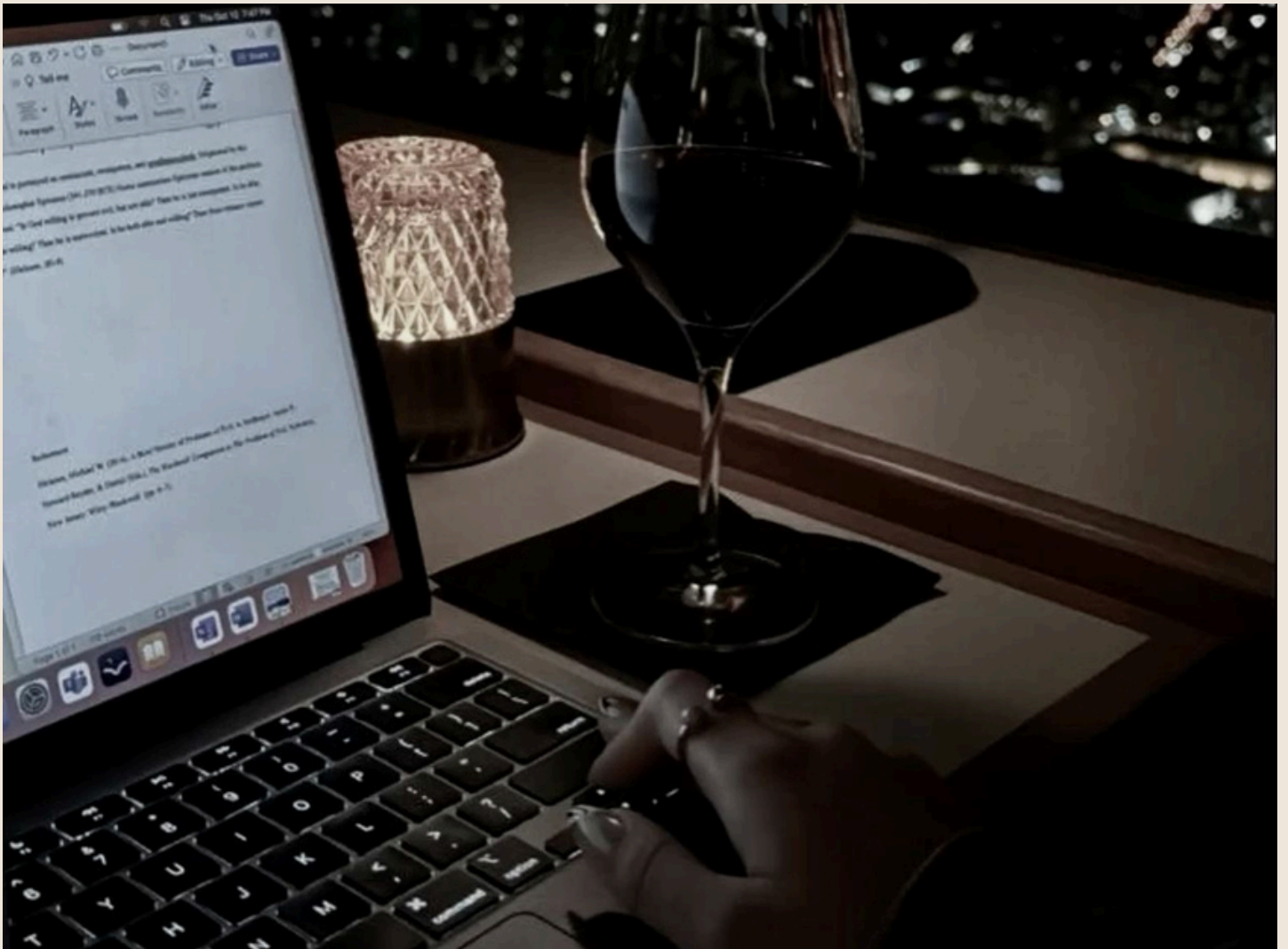


Focus on the 3 C's: Content • Communicate • Connection

# 7-Day Awakening

A gentle roadmap to your digital foundation.  
Built for the woman starting from zero.



Next Level Income • by Vivi

# A quiet start

I'm so glad you're here. Truly.

By downloading this, you've made a choice. It's quiet one, but it carries weight. You've decided that "just getting by" isn't your permanent story. You're signaling to yourself that your dreams are worth more than the leftovers of a long day.

I know that weight. I know how it feels to come home from a shift too tired to even think. I've sat in that same quiet. I've looked at my life and wondered if this was all there was. I felt overlooked. I felt like a number in a system that valued my labor, but never my potential.

It isn't the end of your story.

This isn't about rushing. We aren't here for the "hustle". We are here to build a bridge, stone by stone. Over the next seven days, we won't hurry. We will move with intention. We will reclaim small pockets of your time and turn them into something that belongs only to you.

I've kept this simple. One day, one shift in perspective, one small action. It is designed to fit into the life you have now. The shifts. The fatigue. All of it. We are building the life you want, right in the middle of the life you have.

Trust yourself. You are more capable than the world has let you believe. You have a compass inside you. It knows the way.

Let's start healing your story. We'll write the next chapter together.

# Day 1: Finding your focus.

**Before we talk about shops or systems, we have to talk about you.**

Many will tell to “pick a niche” based on what is trending or what makes the most money. I want you to do the opposite. I want you to look inward. Often, the very things we take for granted about ourselves are the things others are praying to learn.

What do you know that could help someone else?

Maybe it's the way you organize a chaotic home while working full-time. Maybe it's the quiet strength you found while navigating a difficult season. Or a skill you mastered at a job that never quite thanked you for it.

Your niche isn't just a business category. It is the place where your lived experience meets someone else's need. It is an extension of your own story.

**A moment for yourself**

Write down three things you are good at. Don't overthink it. Don't let that quiet voice tell you it isn't enough. We have been taught to underestimate ourselves for so long that recognizing our own value can feel uncomfortable. If it helped you, it can help her, too.

**The compass**

Now, ask yourself: Why am I doing this? Is it for the extra hundred dollars for groceries? Is it for the afternoon you want to spend with your kids without checking your watch?

This is your compass. It will keep you moving when you're tired after a long shift and the house is quiet.

Write it down. Hold it close.

This is your foundation. It's where your strategy meets your healing.

# Day 2:

## Giving your vision a name

**Today, we take that spark and give it a home.**

For a long time, you may have felt like a small gear in someone else's machine. Today is different. This belongs to you. When you choose a name for your business, don't feel pressured to sound "corporate". The names that land the deepest are often just a reflection of the woman behind them.

Keep it simple. Easy to say. Easy to remember. Whether you use your own name or a title that describes a feeling, make sure it's something you feel proud to stand behind.

**A moment for yourself**

Write down three names that feel right. Say them out loud. Which one sounds like the life you are building?

Once you have it, check the handle on Instagram. Don't worry about being perfect. Names can grow as you do.

**The visual story**

You don't need a designer to begin. Your brand's "look" is simply the energy you bring to the screen.

Choose two or three colors that feel calm to you. Pick a simple font. In a world of loud noise, there is power in a soft aesthetic. This isn't just about design it's about creating a digital space where you finally feel comfortable showing up.

**A small shift**

Your brand isn't a logo. It is the way you make people feel. Trust that your honesty is more attractive than a perfect graphic.

*She said she  
would...*

*so she did!*

# Day 3: Your digital doorstep

## Today, we open the doors.

Setting up your profile can feel intimidating. You might wonder if you're doing it "right", or what the people from your "real life" will think when they see you stepping out. But your profile isn't a stage where you have to perform. It is simply a doorstep a quiet, welcoming place where you meet the women you are meant to serve.

Keep your handle clean. Use a profile picture that feels like you. Composed, real, and ready to be seen.

## A digital handshake

Think of your bio as a way to tell her she's in the right place. You don't need to be fancy; you just need to be clear. You are building a bridge between her struggle and your solution.

Tell her who you help, how you do it, and where to go next. Something like: "Helping [who] to [result] through [how]. Start your journey here"

## The shift

You don't need ten thousand followers to have a business. You just need to be brave enough to be seen by the first one. Switch to a professional account today. It isn't about status or "fame". It's about owning your space. It's about having the tools to see who is knocking on your door so you can serve them better.

## A quiet thought

Don't wait until you feel "ready". If you wait for the fear to go away, you'll never start. Visibility is a muscle. It only gets stronger when you use it. Every time you show up, your self-trust grows. Today, we just set the stage. Tomorrow, we start the conversation.

# Day 4:

# Starting the conversation

You have your niche, your name, and your shop is ready. Now, we move into the light.

Sharing your work is simply how people find you. I know that “posting” can feel like standing on a stage in front of a crowd you didn’t incite. You might feel that old urge to apologize for taking up space. But remember: you aren’t performing. You are just leaving breadcrumbs for the woman who is exactly where you used to be.

You don’t have to be perfect to start. You just have to be honest.

### Choosing your path

There are two ways to show up, and both are valid.

Listen to your gut on this it is usually wiser than your fear.

With *Faceless Marketing*, you share your message through visuals and words without showing your face. It is professional, quiet, and protects your peace while you build. It’s a way to let your brand energy speak first.

With a *Personal Brand*, you show up as yourself. Connection happens quickly because people see your eyes and feel your heart. It takes more energy, but it builds a community rooted in deep trust.

Decide which one feels like a “yes” in your body today. You aren’t locking a door; you can always change your mind as you grow.

### First steps

Don’t overthink the beginning. Your first posts are just a hello. Keep them simple. Share a Reel with a small thought that helped you heal. Post a Story that gives a raw look behind the scenes tell them why you’re starting. Then, create a Carousel with three reasons why you believe in this path. Let them see your inner compass.

### A small shift

The fear of being seen is usually just the fear of being judged by people who aren’t doing the work. Focus on the one woman who needs to hear your story today. If you speak to her, the rest of the noise fades away. You are no longer overlooked when you choose to see yourself.

*She believed  
in herself...*

*and the world  
had no choice  
but to notice!*

# Day 5:

## The flow of your business

Today, we learn to let your business breathe on its own. While your content invites new faces in, your automation is what quietly turns that interest into a community. You are moving from doing everything manually to building a system that supports your life, not the other way around.

Don't let the word "automation" feel heavy. It isn't about being technical; it is about being prepared. In the beginning, a simple email that goes out automatically when someone joins you is enough to start.

### Choose your bridge

I recommend a tool like [system.io](#)\*. It is simple and keeps your shop and your emails in one place. It allows you to start for free, which is so important when you are building your independence from the ground up. Having everything in one home helps you stay composed as you grow.

### Setting the stage

Start by creating your first list. You might call it your "Newsletter" or simply your "Community". This is where the women who trust you will gather. This is your digital garden, a space you own entirely.

### Your first hello

Your first automated email is just a welcome. Keep it real and warm. Let them know you're truly glad they are here. Share a few quiet words on who you are and the heart behind this work. Offer one small tip or a piece of value that fits your niche. Finally, invite them to find you on Instagram so the conversation can continue. You are building a relationship, not just a transaction.

### The shift

Your goal today isn't to "sell". It is to build trust. Automation isn't about being robotic; it's about making sure no one who reaches out to you is left standing at the door. It allows you to be present in your own life to heal, to rest, to be with family while your business stays present for them. You are finally building a system that works for you, instead of you working for the system.

\*Affiliate Link

# Day 6:

## Your flow of ideas

Today is about looking ahead and creating space for yourself to breathe. Consistency isn't about being perfect every single day; it's about having a plan so you don't have to start from zero when your energy is low or your day is full. We are going to build a 30-day rhythm that feels sustainable, not overwhelming. When you have a clear map, you stop wondering what you "should" say and you start speaking with intention.

### *Your pillars of connection*

Instead of trying to talk about everything, choose three or four main themes that represent your brand energy. This creates a steady heartbeat for your community and makes your message recognizable. Think of these as your anchors. You might share *Value* through tips and checklists that make her life easier. You can use *Storytelling* to let her see your journey, your motivation, and the quiet shifts you've made along the way. You can extend *The Invitation* by showing your products and sharing customer voices, or focus on *Connection* by asking the questions that invite her to be seen and heard.

### *Gathering the seeds*

Don't wait for inspiration to strike, because it often disappears when we need it most. Sit with your pillars and write down five ideas for each. For value, you could share "3 mistakes beginners often make". For storytelling, perhaps "How I started this while working my shift job". For an invitation, give a small sneak peak into your product, or for connection, ask: "If you had one extra hour today, how would you spend it?". This gives you twenty posts ready to be shared and grown into Reels, Carousels, or Stories.

### *A quiet thought*

Consistency beats perfection every time. You don't need to be the loudest in the room to be the most impactful; you just need to be the most present for the one who needs you. You keep showing up for the woman who is waiting to hear your voice. Today, you aren't just making a schedule; you are honoring the commitment you made to your own independence.

*She turned her  
dreams...*

*into plans and  
her plans into  
reality!*

# Day 7: Launch & Highlights

Today is your big day. Over the last six days, you have quietly laid your foundation, created your branding, built your shop, and even started your email list. Now, it is time to make your profile complete and officially step into the light. You have everything you need to be successful; today, we simply finish the bridge that connects your vision to the world.

## Curating your home

Instagram Highlights are the small circles under your profile that gives new visitors an immediate look into your world. Use Canva to design covers that match your brand energy so your digital home feels cohesive. Create a space for “About Me” to share who you are and the “why” behind your journey. Add a section for “Tips & Value” to collect your best insights, and a clear “Shop” area where people can see what you offer with direct links to your storefront. These are the rooms of your business; make them feel welcoming.

## The final look

Before you announce yourself to the world, take a breath and do a final check of your doorstep. Ensure your profile picture is a professional photo or a clear logo that represents your brand energy. Check that your bio is short, direct, and tells her exactly who you help and how. Most importantly, make sure your link in bio leads directly to your shop or your free gift. You want the path to be easy for those who are looking for you.

## Your official launch

When you are ready, share your first official launch post as a Reels or a Carousel. Be honest and tell them, “I’m starting my own online business!”. Briefly share your “why” the heart that drives you and invite your followers to walk this path with you. Never forget to tell them what to do next with a clear invitation to follow you for more. This is your invitation to the community you are building.

## A quiet thought

You are no longer the woman waiting for permission to be seen. By finishing these seven days, you have already proven that you are capable and confident. The journey doesn’t end here; it simply shifts from building to growing. You have moved from a dream to a reality through your own self-trust. Trust your compass. You’ve got this.

# ***Congratulations you've finished your 7-Day Kickstart!***

**In just one week, you have quietly and intentionally laid your foundation. You developed your branding, built your platform, created your first pieces of content, and officially launched your business to the world. This is a massive milestone. It is the moment you stopped thinking about a different life and started actually living it. You should be incredibly proud of the woman you are becoming.**

**You have proven that you don't need to be loud to be impactful. By taking these steps, you have already moved beyond being "underestimated". You are starting to build a life that honors your time and your energy, rather than just trading them for a paycheck. This foundation is yours, and no one can take it away from you.**

**The next step on your path**

**Perhaps you are feeling it right now: that spark of momentum and the desire to move even faster. When we finally see what is possible, it is natural to want to reach for it with both hands. If you are ready to deepen your knowledge and shorten the distance to where you want to be, there is a shortcut.**

**I want to share the exact "abbreviated path" that I used myself to move from where you are to where I am now. It is designed specifically for the woman who is done waiting and is finally ready to lead. It is for the one who wants to scale her independence while protecting her peace and her story.**

# *Where do we go from here?*

**You have everything you need to start. The foundation is laid, and that spark you're feeling? It's real. But I know that standing at the edge can feel quiet, wondering if you can truly turn this into a life that looks and feels different.**

**I'm right here with you. We are walking this path together a journey that has always been about more than just a business. It's about reclaiming your independence and finally trusting the strength you've always carried, even when others didn't see it.**

**If you begin today, the shift starts now. In a few weeks, you could be earning while you're present with your family, or while you're simply taking a moment of quiet for yourself. You can do all of this without even having to be "on" or showing your face. You'll be held by a community that celebrates the small, honest wins just as much as the big ones.**

## **Your next chapter: UBC - The Ultimate Branding Course**

**When you are ready to move forward, think of this course as your compass. It is a deep well of knowledge, giving you the tools to build a brand with quiet, unshakeable confidence. It's about turning followers into a community, while healing the old story that told you that you weren't "enough" to lead.**

**The UBC is now an affiliate product, which means you receive an 85% commission for every sale. It's a direct way to value your work and your time from the very start.**

**I chose this path because I wanted more. By using these exact strategies, I grew my reach to 5000 accounts in less than a week. You are no longer the woman who is overlooked. You are the woman building her own freedom.**

# Where do we go from here?

## The Ultimate Branding Course (UBC)

The UBC is a deep well of knowledge, featuring over 20 modules and the practical support you've been looking for.

For \$499, you are investing in a foundation that belongs to you:

- **200+ videos:** Detailed, step-by-step guidance on social media, marketing, and the art of branding without the fluff.
- **Community calls:** A space to connect with women on the same path. We hold weekly calls to support your business and, more importantly, your mindset.
- **4 Languages:** One price gives you and your customers access to everything in German, English, Spanish and French.
- **Funnel template:** A ready-to-use sales funnel you can customize, saving your time and your precious energy.
- **Lifetime Updates:** You gain forever-access to the course, including all future videos and our community.
- **No hidden costs:** An honest, one-time investment. There are no up-sells here; the knowledge is yours.
- **Mindset is key:** This is where the real shift happens. It will change how you see your own potential forever.

**And here is the turning point:** You don't just get the tools to build your brand. You also receive Affiliate Rights, which allow you to share this course and keep an 85% commission. It is a true game changer for those of us who have felt underpaid for too long.

# *Where do we go from here?*

You might be wondering what's the catch?

I'll be honest: there isn't one. I know that \$499 can feel like a heavy investment when you've spent so much time being underpaid and undervalued. But I want you to see that with the 85% commission model, you are only a few steps away from holding that investment back in your own hands. From there, it becomes about more than just the numbers it's about finally being valued for your time and your heart at a level you truly deserve.

Does that feel impossible? I don't believe it is. We live in a world where so many of us are hungry for growth, searching for a way to find financial independence and a real, lasting sense of safety.

The digital space is still so full of quiet potential. If you're ready to start your faceless journey, you have the chance to be part of a shift in how we work and live. In just a few weeks, you could be earning while protecting your peace and your privacy. I've seen the power of these strategies myself reaching 5000 accounts in less than a week.

**[You can find UBC here](#)**

If you have questions, I'm always by your side. Reach out to me anytime. I'm here to walk with you, supporting you without imposing myself. Let's take these steps together.

With love,  
Vivi from Next Level Income

# Some testimonials

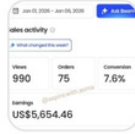


Asma

6 1d • Testimonials

- **\$5K made in the first few days of January** 🥹🥳

Asma from @aspire.with.asma here! Exactly 2 years ago I took the leap & started digital marketing, and boy was I OVERWHELMED.



Aishwarya

5 2d • Testimonials

- **Faceless to \$19k in 31 days of Dec** ❤️🥹🔥

I can't keep calm 🥹 When starting completely faceless last year (@faceless\_incomebff) WHO KNEW I'd be

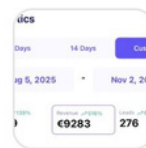


Carla

3 Nov '25 • Testimonials

- **The UBC course changed my life! Over €9,000 earned in just 3 months!** 🥹❤️

Hi everyone! I'm Carla, from Romania, and I want to share my honest experience with UBC (Ultimate Business Course). On August

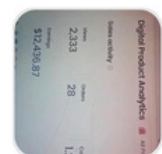


Kyle

3 1d • Testimonials

- **From Full-Time Teacher to \$12K/Month Online**

I'm truly grateful to God 🙏 for this digital marketing journey and for leading me to the Ultimate Branding Course. Sometimes I



# Some testimonials



Priyanka

6

Oct '25 • Testimonials

● **From corporate burnout to \$47K online – and I'm just getting started 🚀**

9 months ago, I was sitting at my banking desk wondering if this "digital thing" really worked... All I wanted was a way to earn



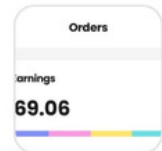
Swey - Power

6

Dec '24 • Testimonials

● **Update : \$9819 in 71 days .. brb crying!!!! 😭**

Last year, I couldn't afford Christmas. I remember feeling so helpless wondering if things would ever get better. Today, I'm



Domonique

6

Jun '25 • Testimonials

● **UBC HELPED ME BUY MY BRAND NEW CAR !**

If you would have told me less than two years ago I'd be going from HOMELESS TO making over 200k in my online business ,



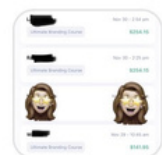
Rania

3

Dec '25 • Testimonials

● **3 UBC Sales in less than 48 Hours**

I'm beyond stoked to have made 3 UBS sales in less than 48 hours. So thankful for @Jasmine Elizabeth & @Dray Mijatovic



*Don't wait for  
the perfect  
moment...*

*create it!*