

SHARE YOUR CREATIVE PICNICS WITH
STUDIO GO: PDX

CREATIVE PICNICS

STUDIO GO:

THE ARTIST'S
GUIDE TO PICNICS

1.

INSPIRE

MAKE IT TO GO

IDEAS GO PLACES USE THEM TO INSPIRE. IMPROVISE SOME MEASUREMENTS AND ROLL WITH THE ONE THING YOU'VE GOT. BE WILLING TO GET MESSY AND TAKE THE RECIPE IN A NEW DIRECTION TO MAKE IT YOURS. AN ADVENTURE IS TO INSPIRE.

CREATING IS ADVENTURE

Q'S FOR CREATIVE ADVENTURE:

1. WHEN DO I FEEL MOST CREATIVE IN THE DAY TO MAKE SOMETHING?
2. WHAT IS ONE MATERIAL, THING, OR INGREDIENT, THAT INSPIRES ME HERE?
3. WHAT DIFFERENT INGREDIENTS OR NEW MATERIALS CAN I START WITH?
4. WHAT IS SURPRISING IN THIS PLACE?

2.

FIND

WHAT IS FRUITFUL

A DASH OF HUMOR GOES A LONG WAY, PLAY WITH THE MATERIALS THAT YOU HAVE TO WORK WITH. FIND OUT WHAT YOU DON'T KNOW. LAUGHTER IS FRUITFUL.

CREATING IS
FINDING

Q'S FOR CREATIVE FINDING

1. WHEN WAS THE LAST TIME I LAUGHED (WITH SOMEBODY) OR BY MYSELF ABOUT SOMETHING JUST A BIT SILLY?
2. CAN I MAKE ANYTHING THAT WILL BRING SOMEONE A SMILE?
3. WHAT IS ONE BIG OR SMALL PART OF THIS THAT IS MISSING?
4. WHAT DO I WANT TO EXPERIENCE MORE OF TODAY AND WHAT DO I WANT TO EXPERIENCE LESS OF?

3.

DISCOVER

YOUR PREP FOR SUCCESS

WHAT SET-UP IS EVER GOOD ENOUGH? LOOK CLOSELY AT WHAT IS AROUND YOU AND WORK WITH WHAT YOU SEE NOW. NOTICE WHAT YOU FEEL IN A CERTAIN SPACE. NOT THINKING ABOUT WHAT YOUR SPACE "SHOULD" LOOK LIKE IN THE FUTURE, FEEL THE SPACE YOU'RE IN NOW.

CREATING IS DISCOVERY

Q'S FOR CREATIVE DISCOVERY

1. WHERE CAN I FIND A SPACE THAT FEELS GOOD ENOUGH TO MAKE SOMETHING?
2. CAN I MAKE THE PREPARATION AN ACT OF CREATIVE EXPRESSION?
3. WHAT TOOLS, MATERIALS OR INGREDIENTS WILL I ENJOY WORKING WITH USING WHAT IS ON HAND?
4. WHAT TIME DO I HAVE? WHAT QUALITY OF TIME IS IT I WANT?
5. WHAT INGREDIENTS WILL MAKE THIS MEANINGFUL TO ME?

4.

EXPLORE

BE MORE MEDIOCRE

TAKE THE PRESSURE OFF! MAKE THE DISAPPOINTING CHOICE. MAKE THE SAME THING YOU DID YESTERDAY. ELEVATE YOUR MUNDANE TO THE MOST GLORIOUS. ENJOY THE ORDINARY, EVERYDAY—BUTTERED TOAST AND DEVILED EGGS—YOU LOVE TO MAKE. GET CURIOUS ABOUT IT.

CREATING IS EXPLORATION

Q'S FOR CREATIVE EXPLORING

1. WHAT IS A SIMPLE PLACE, IDEA, OR OBJECT I CAN EXPLORE TODAY?
2. IS THERE ANYTHING I MIGHT TRY OR DO DIFFERENTLY HERE?
3. HAVE I NOTICED THE GOOD MOMENTS IN—BETWEEN MY BEST AND WORST EFFORT AT MAKING SOMETHING?
4. AM I WILLING TO SLOWLY STRETCH MY COMFORT ZONES AND TAKE A RISK ON SOMETHING OR GO SOMEWHERE NEW?

5.

NAVIGATE WITH YOUR CREATIVITY

NAVIGATING BOTH INNER AND OUTER EXPERIENCES, BE KIND TO YOURSELF. MOVE FROM ACCEPTANCE OF FEELINGS INTO ACTIONS THAT YOU CHOOSE TO TAKE. ALLOW FOR KINDNESS IN THE PRESENCE OF YOUR BODY, MIND AND SPEECH TO NURTURE CREATIVITY WITHIN AND BRING YOUR UNIQUE EXPRESSION OUT.

CREATING IS NAVIGATION

Q'S FOR CREATIVE NAVIGATION

1. WHERE DOES MY ART LIVE IN THE WORLD AND WHAT NURTURES IT?
2. IS THIS OFFERED IN KINDNESS TO SOMEONE OR TO MYSELF?
3. AM I WILLING TO CREATE SOMETHING FOR NO REASON, WITHOUT ANY EXPECTATIONS OF A USEFUL PRODUCT IN RETURN?
4. WILL I FOLLOW A FEELING OR JUST A HUNCH TO FIND A DIFFERENT APPROACH?
5. CAN I PUT ASIDE ANY PERCEIVED NEGATIVE OUTCOMES AS SIMPLY DISTRACTIONS?

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LET'S GO

PICNIC!

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GET CREATIVE WITH US >> SHARE YOUR
CREATIVE PICNIC >> DO LIFE TOGETHER >>

SHARED TABLES +
CREATIVE ARTS STUDIO

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