





*The Secrets
Inside Your
Names
Together*

**A Guide to Discovering the Truth
Within Your Relationships**





We've All Done This...

At some point in your life...

You wrote your name next to someone else's.



Maybe you circled it in a heart.

Maybe you stared at it longer than you'd like to admit.

And something inside you whispered:

"What if this means something?"



It does.



You just weren't taught how to listen.







What Is a Name Phrase



When you place your name beside another's...



I call that a name phrase.




RENEE AND BRETT
TOM AND JERRY
ROMEO AND JULIET




Two names.
One phrase.

When two separate energies come together,
they create a third energy.



And inside that energy...



Words are Waiting





Words are Waiting




What You Are Actually Looking For



Before you go any further, you need to understand something important.


There are two ways to work with the words you find in a name phrase:



Anagrams
and
Lexigrams

They are not the same.

And if you confuse them, you will frustrate yourself.





So let's make this clear.



An anagram is your goal.
A lexigram is your expansion.

**Start with the anagram.
Always.**





An anagram uses every letter in the name phrase once, and only once, to form a new phrase that tells a truth.

The word **SILENT** is an anagram of **LISTEN**.





ABLE PATH is an anagram of **ALPHABET**.



It is the **LETTERS** in your name phrase that you will use as a **TRESTLE** to find the words that live inside it.

Once you find a word that stirs you, anchor it...

and then use the remaining letters to build your anagram.



You are rearranging what is already there—nothing more, nothing less.





For example:

RELATIONSHIPS

becomes

LIT HER PASSION

All the letters are used.

Nothing added.

Nothing left out.

That is an anagram.




TOM AND JERRY


Anagram and Lexigram



TOM AND JERRY is a classic animated series:



Tom is a cat.



Jerry is a mouse.

Tom chases.



Jerry outsmarts.

Over and over again.

Now look at the name phrase:

TOM AND JERRY

When I found the word **DEMON**,



I anchored it... and used the remaining letters to form:

DEMON TRY JAR





Every letter is used properly.

That is an anagram.

And if you've watched the show,
you can easily imagine
Tom—the “demon”—
trying to use a jar
to capture Jerry.

Now let's take it further.

From the same name phrase, I found many
words and formed the lexigram:

MANY ADORE A MAN-MADE TEAM


Which is true.

Tom and Jerry became one of the most loved
cartoon duos ever created.



From the same letters, you can also form:

TOM A TAMED DEMON
JERRY A RODENT





Now we are no longer forming one precise phrase.



We are selecting words and darning them together to tell a story.

That is a lexigram.

Anagrams are precise.
Lexigrams are expressive.



Anagrams are where you begin.
Lexigrams are where you deepen.






ROMEO AND JULIET

Story, Anagram, and Lexigram



To understand this name phrase,
you need the story.



ROMEO AND JULIET is a play written by
William Shakespeare in the late 1500s.


It tells the story of two young lovers
from feuding families
who fall instantly and deeply in love.

They meet at a masked ball.
They secretly marry.
But their families are enemies.

Violence erupts.
Romeo kills Juliet's cousin and is banished.




Juliet is forced into another marriage.
A plan is made...
a potion is taken...
a message is sent...





But the message never reaches Romeo.





Believing Juliet is dead,
Romeo takes his own life.

Juliet awakens...
sees Romeo dead...
and takes hers as well.



It is a tragic story.

And for me, it speaks of one thing:
Bad timing.

Now look at the name phrase:

ROMEO AND JULIET

You can form words like:



LAMENT EMOTION ADORE





MURDER DIE RUE READ



INTRUDER AILMENT ADMIRE






These words already echo the story.

Now here is the anagram:

RUE, NOT READ



Romeo did not read the letter.

He did not know Juliet was not truly dead.



And because of that...

Everything ended.

Now here is the lexigram:

AN ARDENT DUO ENDURE A DIRE END



That is not just clever.




That is the story... told by the letters themselves.

Do you see the difference now?






Anagrams are constrained.
Lexigrams are expansive.



And here is where most people go wrong:


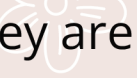


They try to jump straight into lexigrams.

Don't.



You will overwhelm yourself.
You will lose the thread.
And you will miss the truth.

Train your mind to find strong anagrams
first.



They are cleaner.
They are sharper.
They are harder to ignore.

Then, once you trust what you are seeing...
You can begin to explore the lexigrams.






Why This Works (Listen Closely)

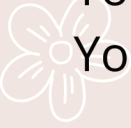


Everything is sound.



Your voice.

Your thoughts.



Your name.

Sound is not passive.


Sound:

vibrates

moves

shapes

The Sun sustains life through explosive
energy—



constant motion,

constant vibration.





Why This Works (Listen Closely)




Medicine uses sound to:



heal tissue

break apart matter





influence the body

Sand placed on vibrating plates forms
perfect patterns.

Water responds to sound.

So ask yourself:

Why wouldn't your name...
carry something too?



And now...

We are going to read yours.






Let's Talk About Relationships (Truthfully)



Before we go any further...

we need to be honest.



Relationships are not easy.

They are:

work

compromise

boundaries



forgiveness

And today...

Too many people walk away too quickly.

Not because love wasn't there...

but because they weren't prepared for
the weight of another human being.






Look at the word:

RELATIONSHIPS



What do you see inside it?




You've already seen:

SLAIN TROPHIES

But look deeper.

You may also find:

**HIT IS PERSONAL
LIT HER PASSION
THE PRISON AILS**



That's not random.

That's truth.



Relationships can:

ignite passion
feel personal
and at times... feel like a prison

And yet... we stay.

We grow.

Or we leave.

But the words...

Were always there.



This Is Where It Becomes Personal



Now we leave stories...
and enter your life.

When you place your name next to someone
else's...

You are not playing.
You are looking.

And what you find may:

excite you
comfort you
or stop you cold

That's part of it.

My Experience — And Why I Trust This

Years ago...

My cousin told me the ship Captain I met while docking at the marina was interested in asking me out.

His name was Dave.


Naturally, I formed the name phrase:
RENEE AND DAVE
Immediately...

I saw:
RAVEN

Now here is where it gets strange.

The first time I met him...
he was sitting at a picnic table near an outhouse at a marina.





And on the door of that outhouse...
was a large raven.

Directly behind him.

That image stayed with me.

And when I saw **RAVEN** in our name phrase...
I felt it.

But there was more.

Other words appeared:

VERANDA

EDEN

DEAD

END

NEVER

EVADE


Not exactly comforting, but

Still... I was curious.


He had blue eyes and curly blonde hair.

So I took the date.






Our date started with dinner
at a home turned into a restaurant
belonging to one of his friends.



This home was also where he had a small
apartment on the second floor in the back of
the building.




I said to him,
“Maybe we can sit on the veranda after
dinner?”


“What veranda?” he answered.

“The one right there,” I pointed.

The home—covered in ivy—had a beautiful
second-floor veranda.



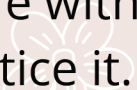
And he didn't even know it was there.




He had lived there...

and never seen it.

It took me—Renee—
standing there with him...
for him to notice it.



That stopped me cold.



Because **VERANDA** was one of the words
I had already found in our name phrase.

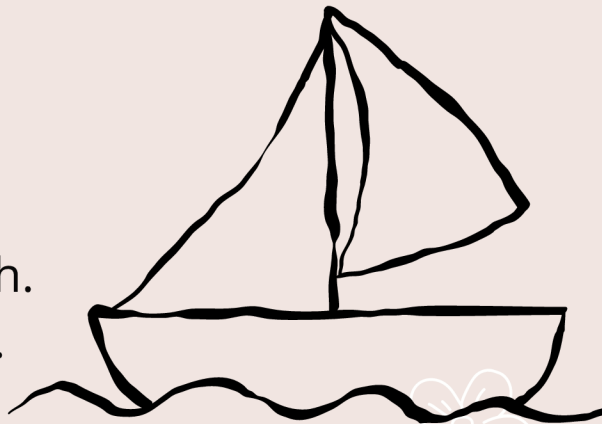
Sometimes...
we don't see what's right in front of us
until someone else brings the missing piece.

The rest of the date consisted of:

A boat ride.
to a party of boats on the water
jumping from one boat to the next.

Fun, but yet...
Something felt off.

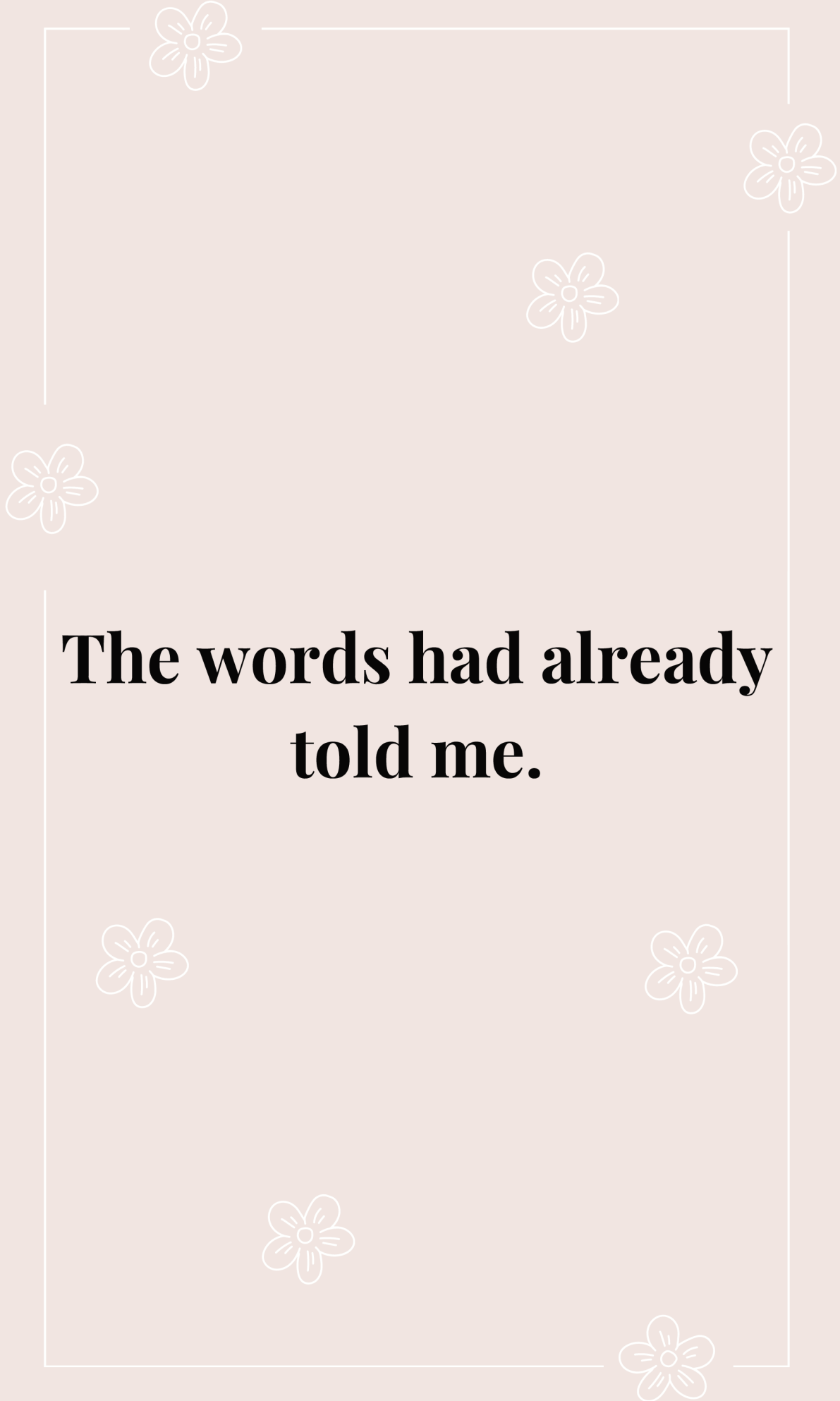
He drank too much.
His energy shifted.



And just like the words suggested...
It ended before it ever began.

The words had already told me.

I just had to see it play out.



**The words had already
told me.**

What You Must Understand



This is not about predicting the future.

It's about:

recognizing patterns

feeling truth

seeing what is already present

The words don't control you.

But they reveal.



The Rules (Do Not Skip This)



If you want truth...
you must work for it.



Start with anagrams. Do not rush into
lexigrams. Truth reveals itself in layers.



Always use the word **AND**
between both your names

Use your mind, not a machine

Write everything down
Anchor meaningful words
Feel what you find

And most importantly:



Do not rush

You will only see what you are ready to see.






Soul Mates (Let's Be Honest Here Too)



Inside:

SOUL MATES



You'll find:

AT LAST

But also:


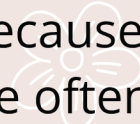
LOST

LUST

USE


LOSE

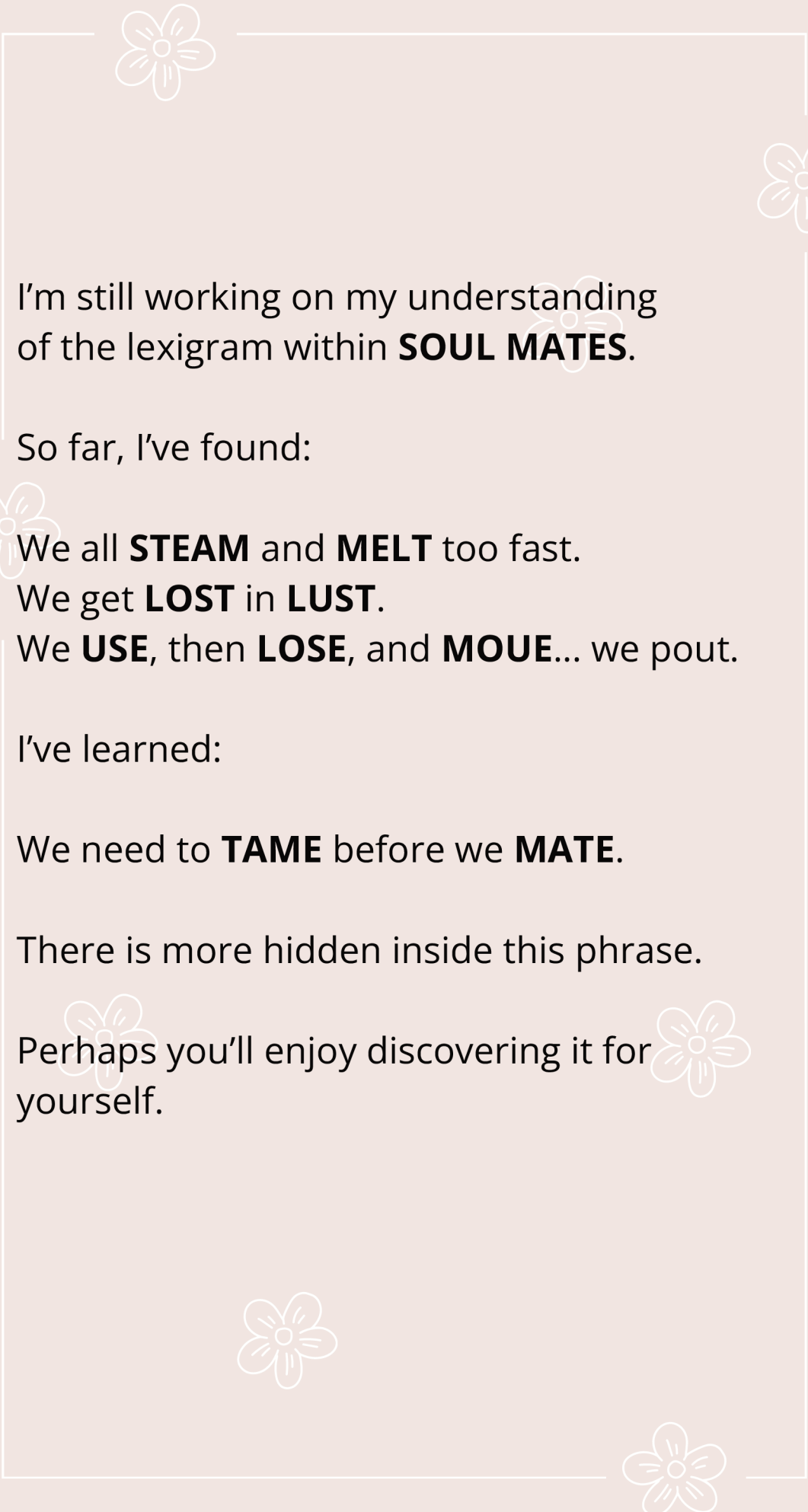
Because before we find the right one...
we often learn through the wrong ones.



And that's not failure.

That's preparation.





I'm still working on my understanding
of the lexigram within **SOUL MATES**.

So far, I've found:

We all **STEAM** and **MELT** too fast.

We get **LOST** in **LUST**.

We **USE**, then **LOSE**, and **MOUE**... we pout.

I've learned:

We need to **TAME** before we **MATE**.

There is more hidden inside this phrase.

Perhaps you'll enjoy discovering it for
yourself.




Your Turn (And I Mean That)



Now it's time.

Try this with:




someone you love
someone you question
an old relationship
a friendship
even a sibling


Write it out:

YOUR NAME AND THEIRS

Then begin.



Don't rush.
Don't force meaning.



Let the words come.






And when they do...

sit with them
feel them
question them

Because I cannot tell you everything.

And I shouldn't.




You must discover it for yourself.

Final Thought

Your name is not random.
Their name is not random.

And what happens when they come
together...
Is not random.



There is something there.

Waiting.
You already know more than you think.

This just helps you see it.

Go find it.





[These-Stars.com](https://www.these-stars.com)

