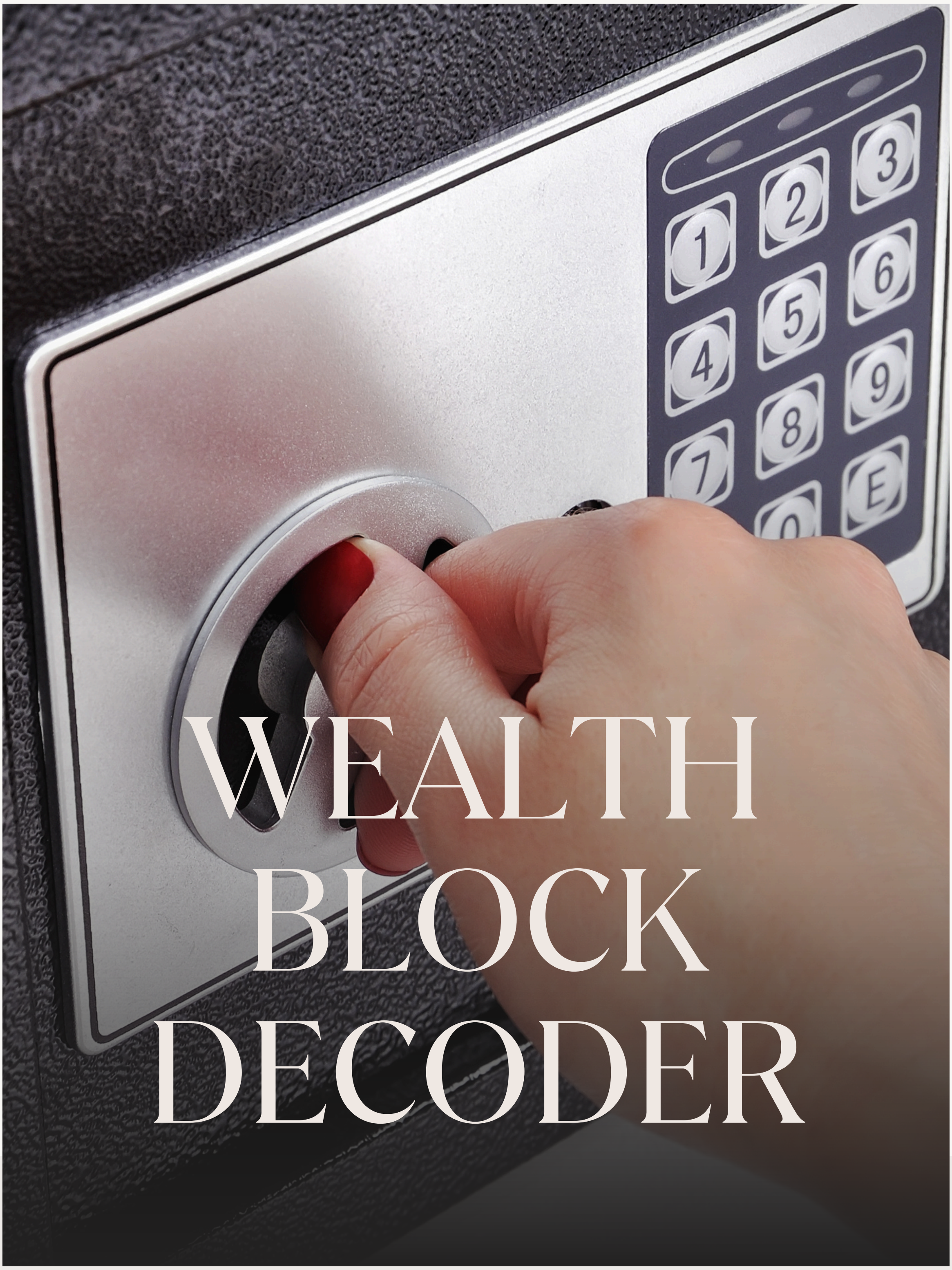

WEALTH BLOCK DECODER

DISCOVER YOUR HIDDEN MONEY BLOCK
(AND WHAT TO DO ABOUT IT)

everyday growth

DREAM. GROW. THRIVE.

You've worked hard. You've tried to be smart with money. You've followed advice, set goals, maybe even read the books.

But somehow, it still feels like something's blocking the flow. You avoid checking your bank account. You overdeliver but hesitate to raise your prices. You work constantly, but rest feels unsafe.

This isn't because you're lazy or bad with money—it's because a hidden pattern is running the show. One you didn't consciously choose, but that's shaped your relationship with money for years.

Let's decode your pattern so you can finally shift it.

How to Use This Decoder

1. Go through the self-check
Read each set of statements and check off the ones that feel true for you.
2. Identify your dominant block
The section with the most checked statements reveals your primary wealth block.
3. Read your block type breakdown
Flip to the matching page to understand the root pattern and how it shows up.
4. Try the mindset shift
Each block type includes one simple practice to start loosening the pattern immediately.

Self-Check Quiz: What's Your Wealth Block?

Read each group of statements below and check off the ones that feel **true** for you. You might relate to more than one type—but the group where you check the **most statements** reveals your **primary block**.

Group A:

- ☐ I find it easier to give than to receive — money, help, time, anything.
- ☐ I often feel guilty charging for something that comes naturally to me.
- ☐ I overdeliver in work or relationships and end up exhausted.
- ☐ I worry people won't like me if I say "no" or raise my prices.
- ☐ I've had moments where being paid well actually made me uncomfortable.

Group B:

- ☐ I often avoid checking my bank account or opening bills.
- ☐ I feel anxious or overwhelmed when I try to deal with money.
- ☐ I tell myself "I'll figure it out later" when it comes to financial planning.
- ☐ I feel behind financially, but I don't really know the full picture.
- ☐ I'd rather not think about money at all—it feels heavy.

Group C:

- ☐ I often feel like I'm working hard but earning way less than I should.
- ☐ I hesitate to charge more, even when I know my work is valuable.
- ☐ I worry I'm "too much" if I ask for what I want financially.
- ☐ I downplay my skills or results when I talk about what I do.
- ☐ I sometimes think, *Who would even pay me that much?*

Group D:

- I tie my worth to how hard I work or how productive I am.
- I feel restless or guilty when I’m not doing something “useful.”
- I believe success only comes from grinding, not ease or flow.
- I’ve burned out before because I thought I had to do it all.
- I don’t fully trust that money could come without constant effort.

Group E:

- I feel like money always disappears or slips away too fast.
- I often think, “What if it all runs out?” even when things are okay.
- I’ve made financial decisions based on fear, not possibility.
- I hold onto money tightly, even when spending could help me grow.
- I grew up believing that money isn’t safe—or that having it makes you a target.

Count how many boxes you checked in each group.
The group with the **most checkmarks** reveals the pattern currently shaping your relationship with money.

Head to the matching page to decode your block—and learn how to start shifting it now.

Group A: The Overgiver

Core Pattern: You feel more comfortable giving than receiving. You overdeliver, undercharge, and often feel depleted—yet still hesitate to ask for more.

Common Signs:

- You struggle to raise your prices or set boundaries.
- You feel drained but keep saying yes.
- You feel guilty accepting money or help.
- You pride yourself on being generous, but secretly feel resentful or burnt out.
- You attract clients or situations where you give more than you get.

The Hidden Belief:
“If I receive too much, I’m selfish. I have to earn my worth by giving.”

Mini Shift to Try:
💡 *Practice receiving*. Whether it’s a compliment, help, or payment—pause, say “thank you,” and let it land. No deflecting, no explaining.

Group B: The Avoider

Core Pattern: You avoid dealing with money out of fear, shame, or overwhelm. The less you look, the more powerless you feel.

Common Signs:

- You ignore bills, delay financial decisions, or don't track your spending.
- Money talk makes you anxious or tense.
- You tell yourself you'll deal with it "later," but later never comes.
- You feel disconnected from your financial reality.
- You hope things will "sort themselves out," but feel low-level stress constantly.

The Hidden Belief:
"If I look too closely at my money, I'll feel ashamed or lose control."

Mini Shift to Try:
💡 *Open your bank app once today and simply observe.* No judgment, no action needed—just look. Awareness is the first step to clarity.

Group C: The Underearner

Core Pattern: You chronically undercharge or hold yourself back from earning what you're truly worth—even when you're talented and experienced.

Common Signs:

- You price too low or overjustify your rates.
- You hold back from selling because it feels “pushy.”
- You secretly doubt people would pay you more.
- You stay stuck in underpaid roles or low-paying clients.
- You secretly compare yourself to people making more.

The Hidden Belief:
“I’m not enough to deserve more. Asking for more will make people reject me.”

Mini Shift to Try:
💡 *Double your price—for just one imaginary offer.* Play with the energy of charging more. What would need to shift in you to believe it’s worth it?

Group D: The Hustler

Core Pattern: You believe that only hard work leads to success. You constantly push, but struggle to feel “done” or satisfied.

Common Signs:

- You feel guilty when resting or not being productive.
- You believe ease equals laziness.
- You find it hard to celebrate wins—they just mean the next challenge is coming.
- You chase effort instead of alignment.
- You overcomplicate things that could be simple.

The Hidden Belief:
“If I don’t work hard, I won’t be safe or successful. I must earn everything.”

Mini Shift to Try:
💡 *Choose one task today to approach with ease.* Ask: What’s the simplest way this could work? Then do just that—no extra grind required.

Group E: The Scarcity Protector

Core Pattern: You operate from a survival mindset—even when things are stable. You're cautious with money and often assume it's not safe to expand.

Common Signs:

- You avoid investing, even when it could help you grow.
- You hold back from spending out of fear of loss.
- You constantly think, *What if it all disappears?*
- You feel safer shrinking than risking success.
- You constantly plan for worst-case scenarios.

The Hidden Belief:
"Money isn't stable. If I have too much, I could lose it—or lose control."

Mini Shift to Try:
💡 *Spend a small amount intentionally on something that feels expansive.* Prove to your nervous system that money can leave and come back safely.

You've Just Unlocked the First Layer

Awareness is powerful.
Now that you've seen your block for what it is — not a flaw, but a pattern — you've already started to shift it.

These money blocks aren't your truth.
They're stories you absorbed, repeated, and maybe even built a life around.
But they're not permanent. And they're not *you*.

Let this be the moment you stop fighting money and start working *with* it.

More clarity is coming.
More support is on the way.

You've cracked the code.
Now... we rewire it.