



# Alchemist

The Alchemist Soul Power custom blend is designed to help you embrace the physical, mental, and emotional changes and transformations that are coming to you as blessings. It's time to shed old patterns, open your heart, and spread your wings.

After connecting with your soul's frequency, I created your custom blend which contains essential oils that will enhance your Soul Power energy while supporting you during the healing and releasing of what is no longer needed.

I only use pure therapeutic grade essential oils from trusted sources and organic carrier oils. The crystals in this blend are a special combination of Clear Quartz and Amethyst.

## **This blend will help increase, enhance, and awaken:**

- Wonderful elixir for the brow chakra and opens the soul to new experiences and possibilities
- Assist in powerful positive transformations in all levels allowing for authentic self-expression
- Powerful aid during times of change, transition, and crisis
- Enhance your spiritual connection, clear vision, and gain the courage to "see" the truth
- Deepen your sense of belonging while strengthening your connections with others and your community while promoting open and honest communication
- Help open and heal your heart to receive unconditional love, support, and ability to create social bonds
- Develops the "Heart Knowing" or your intuition





## **This blend will help clear, heal, release:**

- Shed old patterns for personal and spiritual growth
- Release blocks that prevents creativity, honest communication, and self-expression leading to spiritual disconnection, hopelessness, and discouragement
- Release feelings of loneliness, separation from others, or being unsupported
- Heal inability to form social bonds and the “I don’t need anyone” mentality
- Powerful emotional healer especially for the “Inner Child”
- Let go of negative emotions like anger, distrust, unforgiving, loss, grief, heavy heart, abandonment, disconnection and unfulfillment
- Heal emotional trauma from the past and encourage to let go of bottled up emotions

## **Directions:**

Apply on your wrists, behind your ears, on your belly, and on your heart center as needed. This blend contains Bergamot which is a photosensitive oil, please avoid direct sunlight for up to 12 hours after use. Specially if applying on face or other areas of your skin that will be exposed to the sun.

## **Affirmations:**

“I trust my intuition to help me make wise decisions.” “I choose to create a wonderful and successful life for myself.” “I am the master of my soul.” “I have the ability to create the transformations I most want in my life.” “I choose what life I want to live.”

