



Artemis

The Artemis Blend Soul Power custom blend is designed to help reconnect with your source of inner strength so you can feel more confident, empowered, and hone your focus and energy towards achieving your goals.

After connecting with your soul's frequency, the following essential oils will enhance and support your Soul Power energy.

I only use pure therapeutic grade essential oils from trusted sources and organic carrier oils. The crystals in this blend are a special combination of Clear Quartz, Citrine, and Calcite.

This blend will help increase, enhance, and awaken:

- Invite happiness, joy, playfulness, spontaneity, and excitement
- Access unlimited creativity stored within your SOUL and let it flow through your heart and into Physical Manifestation
- Integrate all aspects of yourself and honor your True Self while re-igniting your Soul's fire
- Courage to step outside your comfort zone and say "No" without feeling guilty or need to over explain
- Remember that your gift to the world is to use your unique gifts and talents for the greater good
- Create healthy boundaries, stand up for yourself and what you believe in, be proactive, and feel capable of taking action





This blend will help clear, heal, release:

- Stop holding yourself to unrealistic or rigid standards that leaves you feeling stuck or falling short
- Let go of excessive sense of duty and feeling burdened by responsibilities
- Heal a heavy heart and the inability to enjoy life
- Release the need to fit in, conform, and please others
- Heal self-betrayal tendencies and the need to be accepted by others
- Heal past childhood pain
- Clears fears of rejection, “why me” mentality, and feeling defeated

Directions:

Apply on your wrists, on your belly, and on your heart center as needed.

Affirmations:

“I am courageous.” “I am a powerful creator.” “I’m focused on my dreams and goals.” “I can let go of old, negative beliefs that have stood in the way of my success.” “I have the courage to create positive change in my life.”

