POTTY TRAINING PREP

Your Free Potty Training Starter Kit

A readiness check, a cue tracker and a sticker chart

Hi, I'm a dad of three. My wife and I potty trained our son and our daughter at about two and a half. The first time, it dragged on for weeks. Once we got the house ready first, it took about a week. This kit has the two printables we'd start with.

IS YOUR CHILD READY? CHECK WHAT FITS

- [ ] Understands "let's go potty" (they don't have to ask on their own)
- [ ] Has at least a few words
- [ ] Stays dry for a couple of hours at a time
- [ ] Shows a sign when going: hiding, squatting, going quiet
- [ ] Is healthy and in a normal routine right now

HOW TO USE THE CUE TRACKER

Every child has a signal. Ours hid behind the couch or squatted deep. Write down what you see and when. After a day or two, you'll spot the pattern.

HOW TO USE THE STICKER CHART

One sticker for every success, plus a big "Good job!" and a hug. Keep the same words every time: "Pee and poop go in the potty."

WANT THE WHOLE PLAN?

The Prep-First Potty Plan walks you through it step by step: a prep week for busy parents, pants-off days, spotting the cue, the bath time trick for poop, daycare, nights and setbacks. It comes with 7 printables, including a daycare handoff sheet and a bedtime routine card. As a subscriber, you get it for $9 instead of $15.

Get the full plan for $9 →

This kit shares what worked for our family. It isn't medical advice. If you have concerns about your child's health or development, talk with your pediatrician.

Cue Tracker

LEARN YOUR CHILD'S SIGNAL

MY CHILD'S CUE LOOKS LIKE

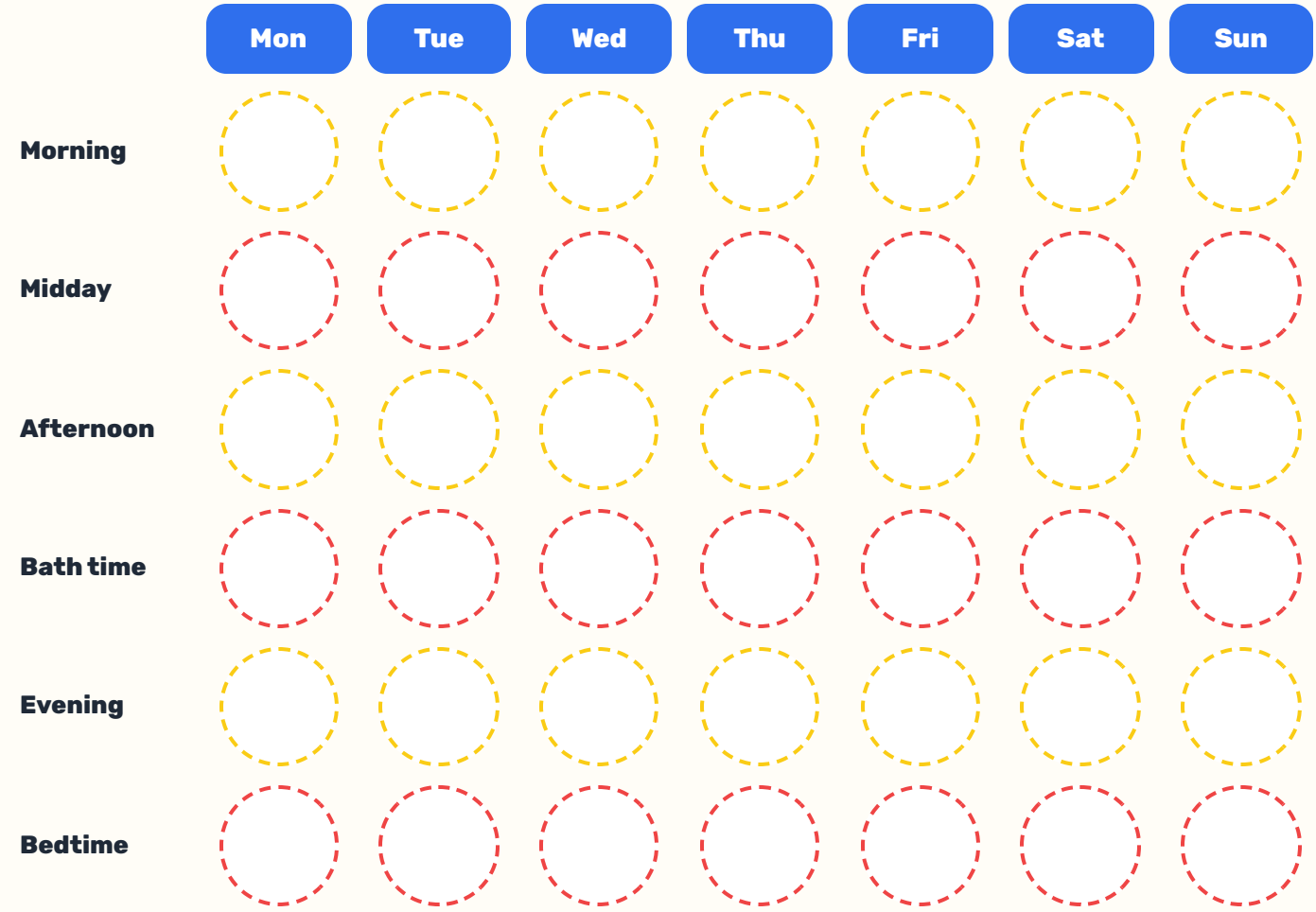
Hiding • squatting • going quiet • freezing • grabbing their bottom • a little dance • a certain face

Time	What I saw	Made it?	Notes
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	
		✓ / ×	

I Did It! Potty Chart

ONE STICKER PER SUCCESS

NAME



★ **Pee and poop go in the potty!** ★

MY BIG PRIZE WHEN THE CHART IS FULL