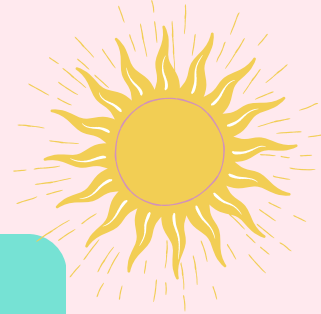




Easy To Travel Countries

Women 50+



Bali



Columbia



Sri Lanka



Europe

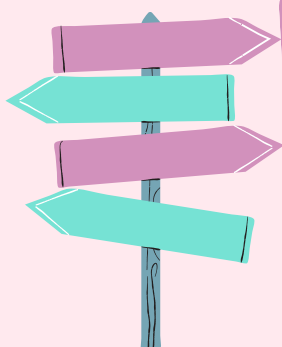
Mexico



Morocco



Thailand



SOFT LANDINGS

HELPING WOMEN 50+ LIVE AND TRAVEL FULL-TIME
WITH FREEDOM AND JOY

BARBARA ELAINE SINGER
LIVING WITHOUT RESERVATIONS

Ever caught yourself daydreaming about selling everything, hopping on a plane, and starting fresh somewhere warm — but then thought, “Wait... could I actually afford that?”

You can. And you don’t need to be rich, married, or twenty-five to do it.

Here are my Top Picks for Soft Landings and Budget-Friendly Living — places that feel like home quickly, have thriving expat communities, and are perfect for women ready for adventure, community, and a slower, more intentional life.

MEXICO

VIBRANT, COLORFUL, CLOSE TO HOME

- **SanMiguel de Allende** – Artistic, walkable, and full of creative expats.
- **Playa del Carmen** – Beach town energy and yoga mornings
- **Zihuatanejo** – Peaceful charm and ocean sunsets.
- **Puerto Escondido** – Laid-back surf vibe and strong community
- **Isla Mujeres** – Island bliss just off Cancun.

CENTRAL AMERICA

SMALL, SIMPLE, SOULFUL

- **Guatemala** – Antigua for café culture and volcano views, San Marcos (Lake Atitlán) for meditation, yoga, and lakefront calm.
- **Panama** – Panama City for comfort and convenience, Boquete for eternal spring weather, Bocas del Toro for colorful island life.
- **Honduras** – Utila & Roatán for affordable Caribbean diving and vibrant expat life.

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SOUTH AMERICA



CULTURE, COLOR & CONNECTION

Colombia – Medellín (modern, lively, safe), Cartagena (romantic, coastal, colorful).
Ecuador – Cuenca (historic, artsy, and walkable), Quito (urban energy and culture).

ASIA



SPIRITUAL, SCENIC & SURPRISINGLY AFFORDABLE

- **Bali, Indonesia** – Ubud: Yoga, healers, vegan cafés, and sunset ceremonies.
- **Thailand** – Chiang Mai & Pai: Creative expat hubs. Koh Samui & Phuket: Island comfort with all the perks.
- **Vietnam** – Hoi An: Magical lanterns, beach days, and irresistible food.
- **Cambodia** – Siem Reap: Ancient temples, spiritual energy, and easy smiles.

EUROPE



CLASSIC CHARM, MID-RANGE MAGIC

- **Portugal** – Lisbon, Porto, Tavira: Coastal charm, pastel buildings, friendly locals.
- **Italy** – Lecce, Bari, Brindisi, Palermo, Catania: Authentic food, history, and heart.
- **Albania & Montenegro** – Saranda, Tirana, Herceg Novi, Dhermi: Coastal beauty without EU prices or restrictions.

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SRI LANKA



CULTURE & CALM

- **Colombo** - for city energy
- **Galle** for beaches, surf, and charm.

MOROCCO



EXOTIC, ELEGANT & EASY TO REACH

- **Marrakesh, Fez, Essaouira** — markets, mint tea, desert adventures, and warm winters.

TURKEY



HISTORY, HOSPITALITY & HEART

- **Istanbul** for the buzz of East-meets-West energy, Bodrum for coastal relaxation and charm.

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AFRICA



WILD, WARM & WONDER-FILLED

- **Zanzibar** – White sand beaches, turquoise water, and a soulful island rhythm.
- **Egypt** – Dahab & Sharm El Sheikh: Diving, pyramids, desert sunsets, and a tight expat crowd.

YOUR NEXT STEPS

Your new life doesn't need to wait. It starts with curiosity — and a flight.

Grab my course “Show Me The Money”

To learn how to fund your full-time travel lifestyle — even on a modest budget.

Because freedom doesn't have an age limit.
It has a departure date.

GRAB SHOW ME THE MONEY HERE

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