

THE SEEING WITHIN

LISTENING TO YOUR THIRD EYE CHAKRA VOICE™



See clearly.
Trust deeply.
Know without needing proof.

innervoiceshealing.com

YOUR THIRD EYE CHAKRA

There's a reason you may have been questioning your instincts lately.

Your Third Eye Chakra - the centre of intuition, perception and inner knowing - may be asking for your attention.

When this voice is balanced, you trust what you sense, even when you can't explain it.

When it becomes quiet, doubt and confusion take over.

When it becomes too loud, overthinking and second-guessing cloud your clarity.

This short quiz will help you understand how your Third Eye Chakra Voice™ is showing up right now.



THE QUIZ (PART 1)

Answer honestly — go with your first instinct.

1. When making a decision, I tend to:

- A. Feel unsure and look to others for guidance
- B. Go back and forth, analysing every option
- C. Just know what feels right, even without logic

2. When I get a gut feeling, I usually:

- A. Ignore it or doubt it
- B. Question it repeatedly
- C. Trust it, even if I can't explain it

3. My thoughts often feel:

- A. Foggy or unclear
- B. Busy and overactive
- C. Calm and observant



THE QUIZ (PART 2)



4. I experience intuition as:

- A. Rare or confusing
- B. Mixed with overthinking
- C. Clear and steady

5. When something feels 'off,' I:

- A. Dismiss it
- B. Analyse it too much
- C. Notice it and trust the feeling

6. My inner voice feels:

- A. Distant or quiet
- B. Loud but chaotic
- C. Calm and guiding



YOUR RESULTS



Mostly A's → Quiet Third Eye Voice

Your intuition may be present, but it's not being fully heard.

You may rely more on external validation than your inner knowing.

Mostly B's → Overactive Third Eye Voice

Your awareness is strong, but overthinking may be clouding your clarity.

You're sensing things - but not trusting them cleanly.

Mostly C's → Balanced Third Eye Voice

You are connected to your intuition and trust what you perceive.

Your inner guidance is available and steady.

MINI INTUITION ACTIVATION

THIRD EYE RESET



Close your eyes.

Bring your awareness to the space between your eyebrows.

Breathe slowly.

Visualise a soft indigo light expanding in this space.

Repeat:

‘I trust what I see, sense and know.’

Allow thoughts to settle - not by force, but by observation.

WHAT NEXT FOR YOUR THIRD EYE CHAKRA?

You've just connected with your Third Eye Chakra Voice™.

But intuition doesn't exist in isolation.

It is one of seven voices within your energy system.
When they are all heard, clarity becomes natural.



If you're ready to go deeper, I invite you to explore your Chakra Voices™.

One way is to start by experiencing the Root Chakra Voice™ Taster session - a guided exploration you can access here

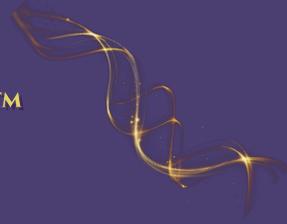
This live session introduces the structure of working directly with your Root energy - not to override it, but to understand what it has been communicating.

From there, you may wish to heal or activate all your Chakra Voices™ through the 7 Chakra Voices™ Journey.

Join Chakra Voices™ - Listening Within HERE

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CHAKRA VOICES™



The 7 Chakra Voices™ Journey



[Watch The Video](#)

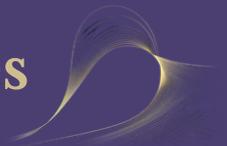
*'Honestly, I don't know what magic you've worked
but something has FINALLY clicked after years!'*

Claire, UK



Jillian Shiers

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