

The Top 10 Dog Friendly Fruits

Your Guide to the Benefits & Safety Tips for the top 10 fruits for dogs

1. Blueberries

✔ **Benefits:** High in antioxidants, fiber, and vitamin C, promoting brain and immune health.

⚠ **Safety Tip:** Serve in moderation to avoid digestive upset.

2. Apples

✔ **Benefits:** Rich in fiber and vitamins A & C, great for dental health.

⚠ **Safety Tip:** Remove seeds and core, as they contain cyanide.

3. Bananas

✔ **Benefits:** Packed with potassium, vitamins, and fiber for energy and digestion.

⚠ **Safety Tip:** Feed small amounts due to high sugar content.

4. Strawberries

✔ **Benefits:** Contain fiber, antioxidants, and vitamin C, supporting immune function.

⚠ **Safety Tip:** Wash thoroughly and serve in bite sized pieces.

5. Watermelon

✔ **Benefits:** Hydrating and full of vitamins A, B6, and C

⚠ **Safety Tip:** Remove seeds and rind to prevent choking or digestive issues.

Always consult your veterinary professional before starting your pet on a new diet.

6. Pineapple

✔ **Benefits:** Supports digestion with natural enzymes and provides vitamin C.

⚠ **Safety Tip:** Remove the tough outer skin and core before serving.

7. Mango

✔ **Benefits:** Loaded with vitamins A, C, and E, supporting eye and skin health.

⚠ **Safety Tip:** Peel and remove pit to avoid choking and toxins.

8. Oranges

✔ **Benefits:** Rich in vitamin C, supporting immune and skin health

⚠ **Safety Tip:** Serve in small amounts due to acidity and sugar. Avoid seeds and peel.

9. Pears

✔ **Benefits:** High in fiber and antioxidants, supporting heart health

⚠ **Safety Tip:** Remove seeds and core, as they contain small amounts of cyanide

10. Cantaloupe

✔ **Benefits:** Hydrating, low-calorie, and full of vitamins A & C

⚠ **Safety Tip:** Avoid the rind, as it can be tough to digest

General Safety Tips:

- ✔ Always introduce new fruits gradually.
- ✔ Remove seeds, pits, and rinds to prevent choking and toxicity.
- ✔ Serve in small, bite-sized pieces for easy digestion.
- ✔ Avoid fruits high in sugar if your dog has diabetes or weight concerns.

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