



# Manifestation & The Unfolding Self

Insights from the DREAM Live Experience

Based on the dialogue and poetry of Poetricity



**DREAM**  
Methodology

*Poetricity*

# From Structure to Poetricity

We are transitioning from the DREAM methodology into a new era: Poetricity (Poems to Create Transformation).

This presentation captures the final iteration of the Dream Live event—a bridge to the upcoming work, “Space for Your Brilliance.”

**The Shift:** The old model asked us to “make things happen.” The new model invites us to “co-create” with the universe, using poetry not just as art, but as a mechanism for internal shifting.

# “The Mirror of Reality” in Playfair Display



Attracting what you are.

***“It’s only after you’ve found what you want inside of you that you can find it outside of you.”***

We often believe our dream life relies on external events materializing. However, external events are reflections. You do not attract what you want; you attract what you are. Your stories and beliefs about ‘*what needs to happen first*’ are the only barriers to living your dream life right now.

# Relaxing into the Doing



## Actionable Wisdom

- Participate in the unfolding of the universe in service of all.
- Celebrate the small miracles around you.
- Relax into doing what comes in the moment without attachment to the outcome.

**Affirmation: You are already enough. You do not need to convince anyone else of it.**

# The Benevolence of Necessity

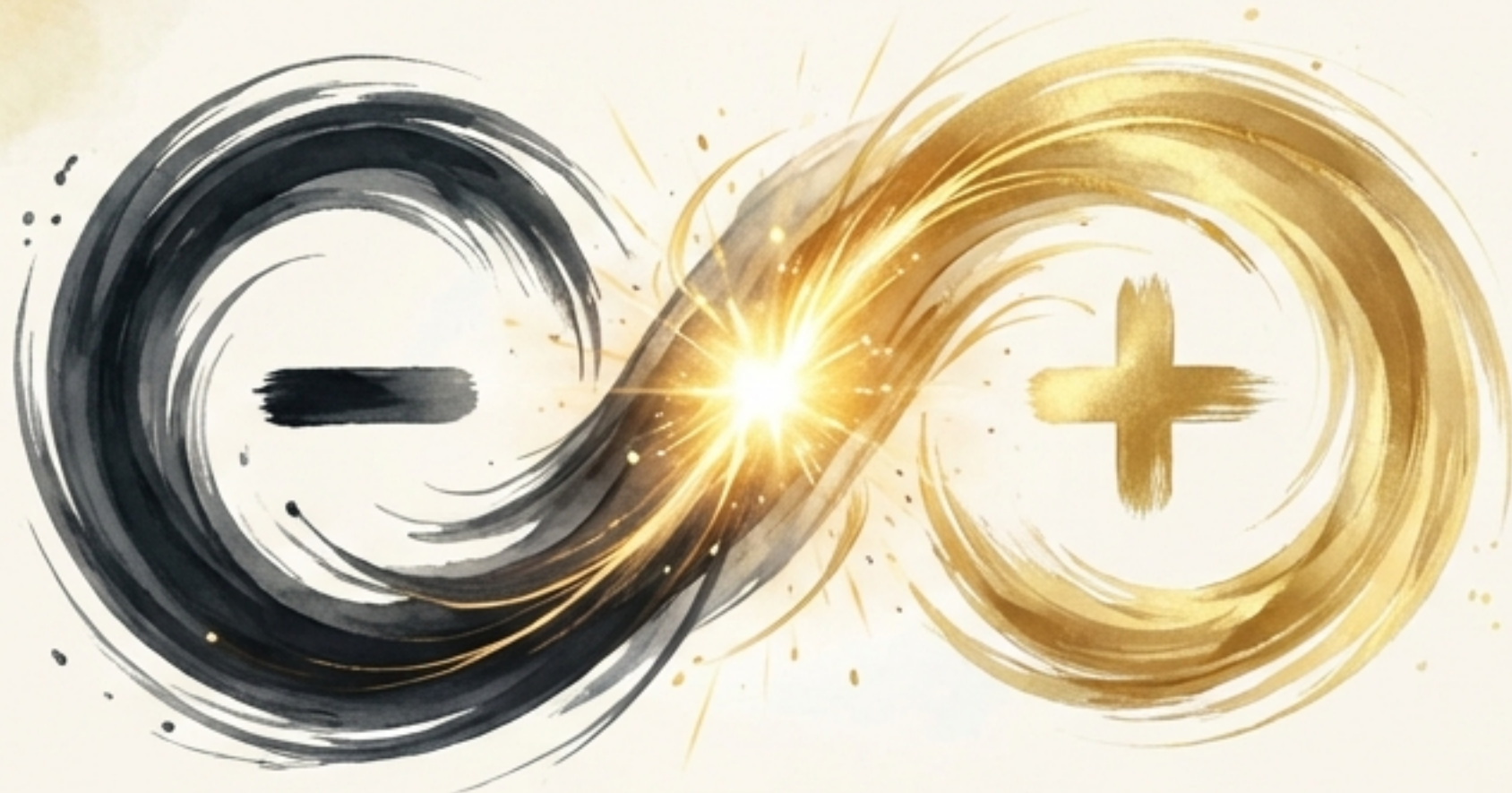
*“The universe, so benevolent, perfect as can be, May not serve up what you want, but you’ll get just what you need.”*

## The Truth



The universe does not pander to the ‘fixed self.’ It provides exactly what is required to break your illusions and reveal your innate brilliance.

# The Alchemy of Opposition



Just as a battery requires both negative and positive terminals to create energy, we need “negative” experiences to generate wisdom and growth.

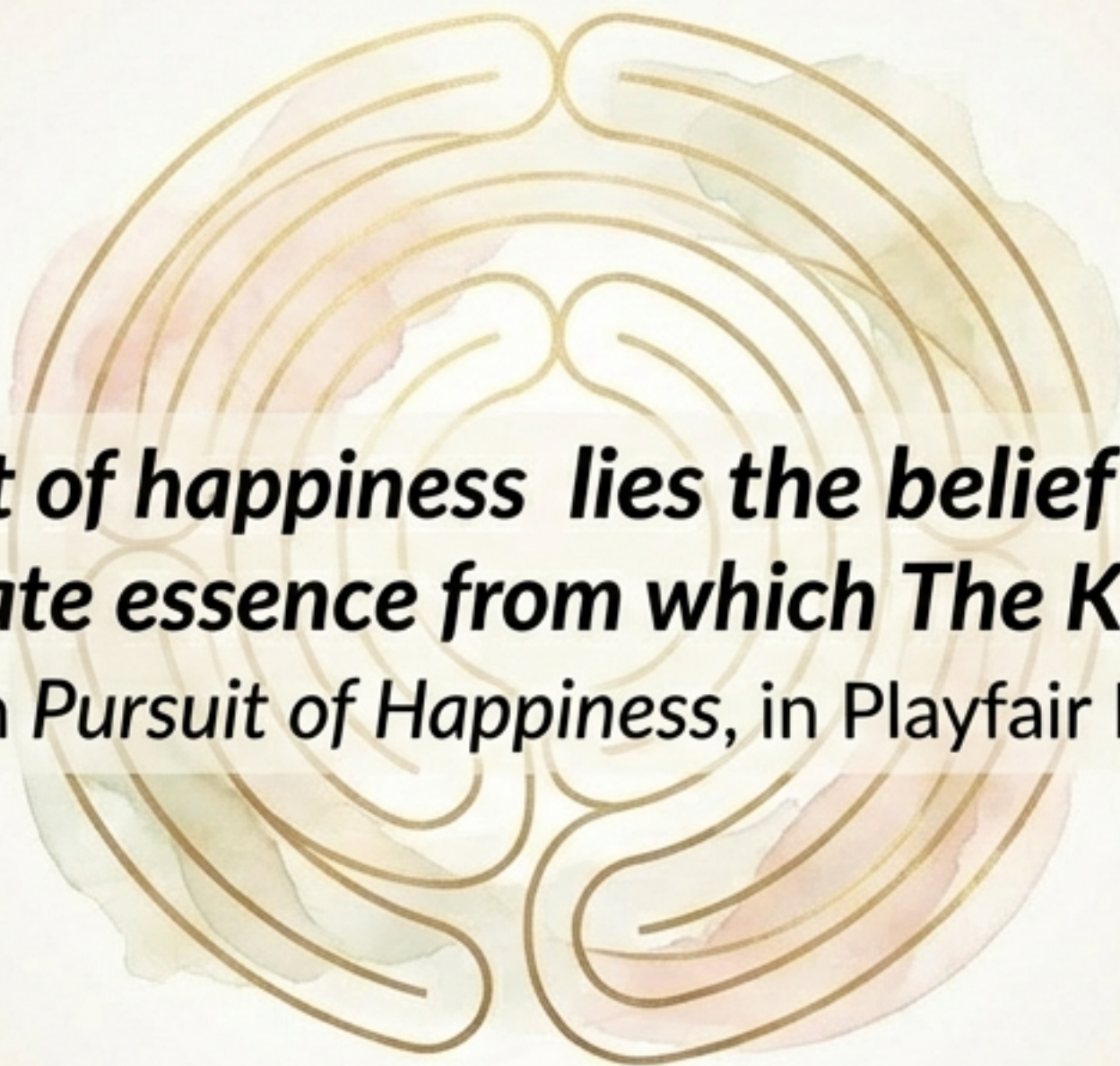
## Echoes of Wisdom

“Embrace your crazy. We cannot wholly embrace ourselves if we reject the parts of our experience we deem ‘bad’.”  
— Participant Insight

## Echoes of Wisdom

“You haven’t suffered, yet you say you are wise? Wisdom is often the byproduct of navigating the difficult times.”  
— Participant Insight

# The Barrier of Pursuit

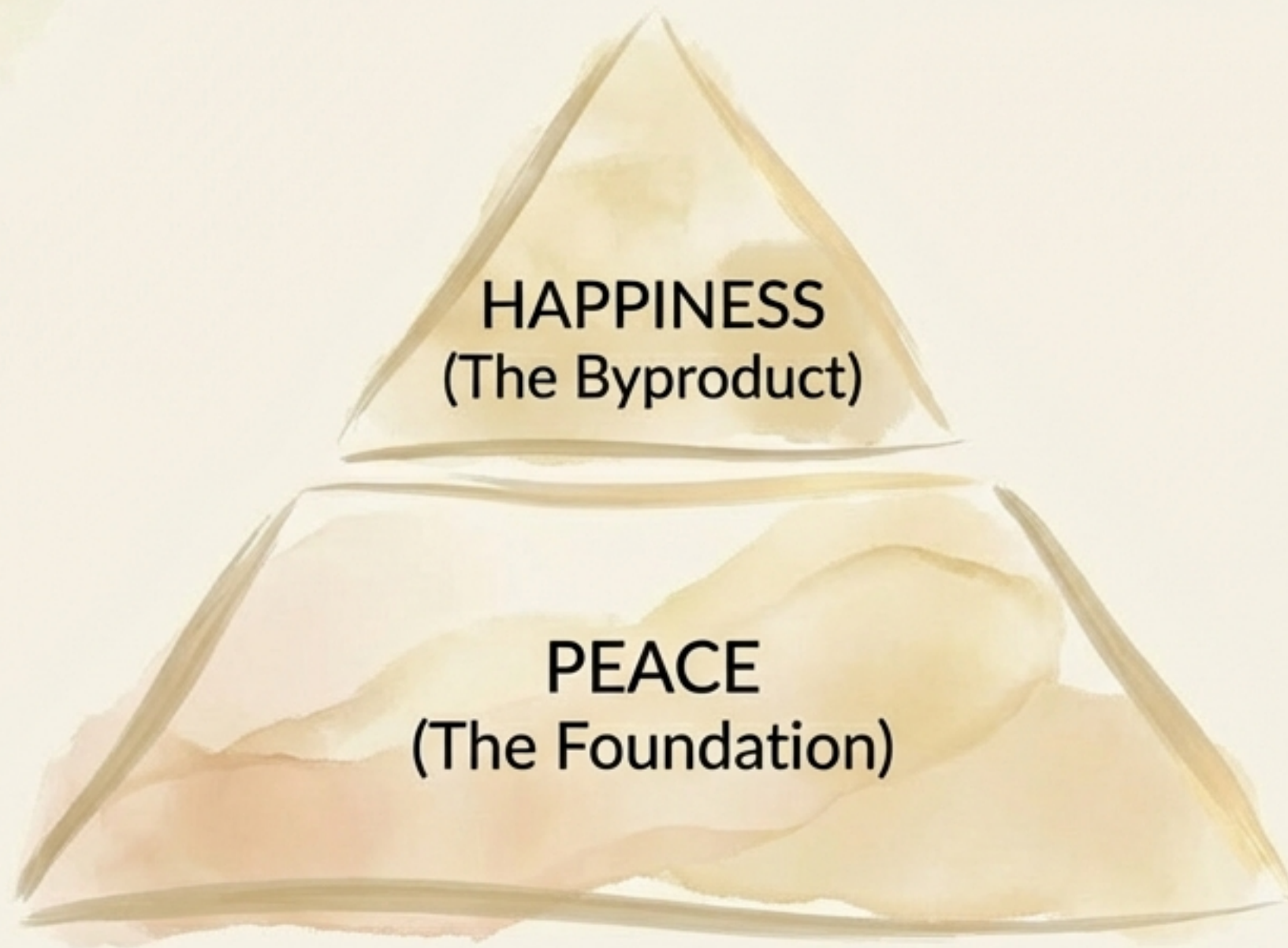


**“In the pursuit of happiness lies the belief unexpressed,  
Denying the innate essence from which *The Knowing* springs.”**

— from *Pursuit of Happiness*, in Playfair Display

The Paradox: The very act of ‘pursuing’ implies you do not currently have it. This belief creates a barrier. Happiness is *not* a destination or a prize; it is an ‘*eternal well of abundance*’ that is already your nature.

# Peace is the Prerequisite

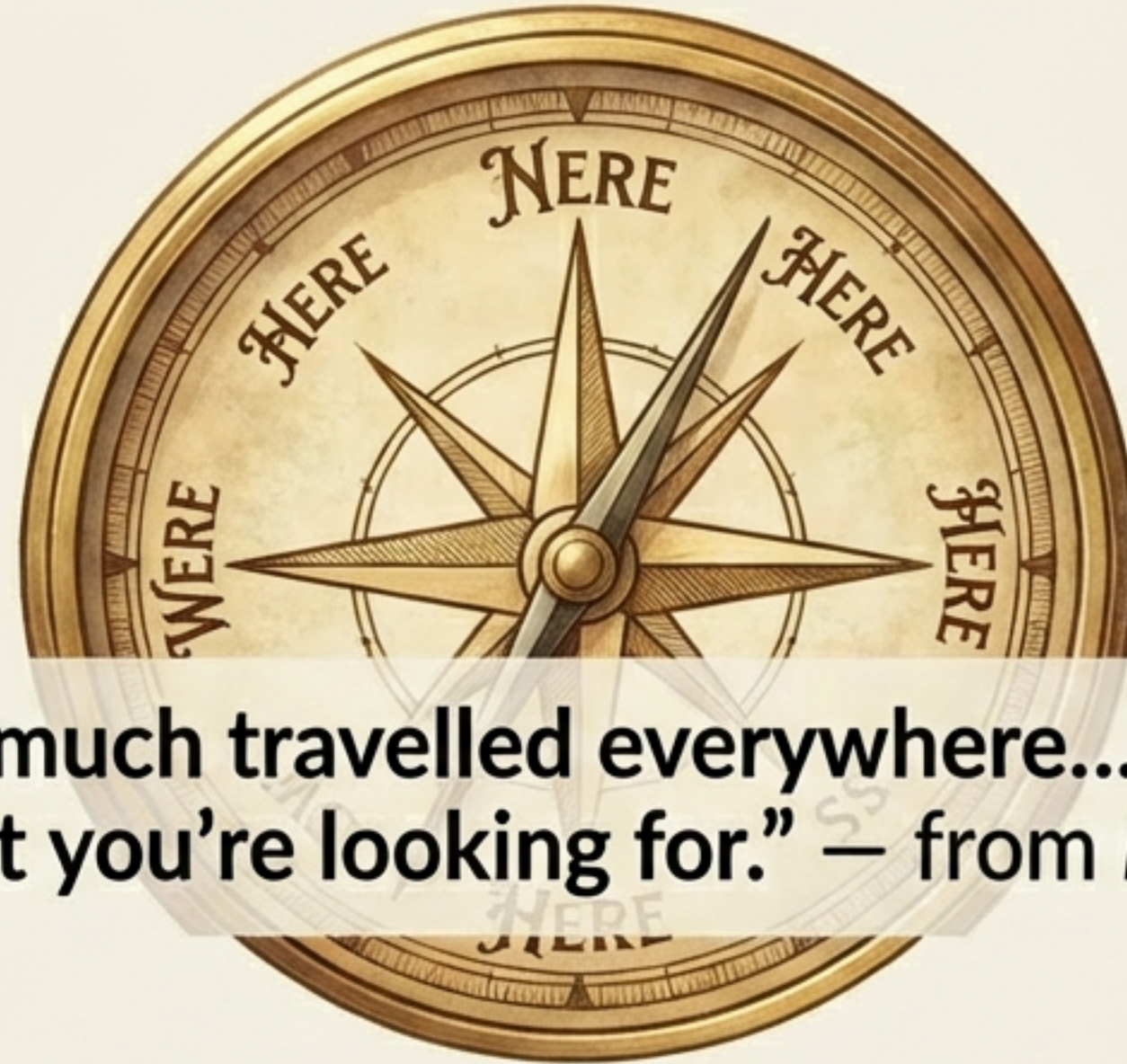


Insight from Peace (Participant):

“I am always looking for peace before happiness. If I reach peace, I am already in a good place.”

You are already Peace. Distractions and worries are just interferences with your natural state. Seek the cessation of internal conflict, and happiness arises naturally.

# The Greatest Destination is Here



**“You’ve pretty much travelled everywhere... You still haven’t found what you’re looking for.” — from *Land of Travel***

The ‘Land of Travel’ is not a place on a map; it is the willingness to explore differences and sameness within every interaction. You can travel the world physically and find nothing, or stay in one place and travel internally to find everything.

**When next asked where you need to get to, you can answer: I don’t very much care.**

# “Action Without Friction”



“A bird adorned in white and  
blue ... .. perched at rest  
with no sign of stress,  
For it was what it knew to do.  
From it I saw no trying.”  
— *from No Trying*

Nature does not ‘try,’ it acts from knowing. ‘Trying’ implies resistance, doubt, and desperation. ‘Doing’ comes from trust. Desperation blocks manifestation; **trust enables it.**

# The Mechanics of Flow



**“Flow is bliss as time ceases to exist, In the moment when awareness is transfixed on what the soul seeks.” – *from Flow***

**Flow is the state where the Soul aligns with the Universe.**

- Time dissolves.
- Physical needs fade into the background.
- The conscious mind steps aside to let something greater emerge.

# Creativity as Channeling

## Jeanette's Story

When Jeanette arranges flowers, she uses no pictures and has no plan. loses track of hours and is often 'shocked' by the beauty of the result.



## Insight

When we drop the need to control the outcome, we become vessels.  
We channel creativity that our conscious mind could not plan.

**"I look back and wonder... did I write that? It transcends what we could do consciously." – from *Beyond the Conscious***

# The Paradigm Shift

## The Illusion (Striving)

- Control
- Fear / Lack
- “Making it happen”
- Future-focused  
(When I get there...)
- Desperation

## The Realization (Unfolding)

- Trust
- Abundance
- Co-creating
- Present-focused  
(Celebrating Now)
- Knowing

### Summary:

**Summary:** We are moving from adding stories to subtracting barriers.

# Space for Reflection

What are you trying to force that the universe is asking you to trust?

Where are you pursuing happiness instead of recognizing it as your nature?

What part of your “negative” history was actually a necessary battery terminal for your current wisdom?

# The Next Chapter: True Identity

## Poetricity: Poems to Create Transformation

The journey continues. The next exploration asks:  
Who are you really? Are you your mind? Are you your body?

**“The Universe is calling you into a dance. You are not the director; you are the dancer. Trust the music.”**