

The Path to Creative Liberation

Unlocking your boundless potential through the lens of Poetricity.

A guide to the Four Gates of perspective shifting.

Moving from Restriction to Flow

This is not just poetry; it is 'Poetricity'—using verse as a catalyst for dialogue, self-discovery, and leadership. The goal is to shift our operating state from Restriction (fear, comparison, ego) to Flow (boundlessness, service, being a conduit).

The Four Gates

1. **Mastery**: Overcoming the paralysis of perfectionism.
2. **Modesty**: Dismantling the ego of playing small.
3. **Legacy**: Surrendering control of the dream.
4. **Deserving**: Removing the need for permission.



GATE 1: THE TRAP OF PERFECTIONISM

*I know that I'm not a master
but it doesn't really matter
I got it done anyway...
Fear not what the master might say
How did the master become a master?
Where did they start?
Who conferred that title?
...Doing what's in front of me step by step
getting good at it
knowing I'll get it done anyway.*

— From "Not a Master"

Practice Makes Progress

Deconstructing the myth of mastery.

“Mastering the master that is me.” — Heather

The Pedestal Trap

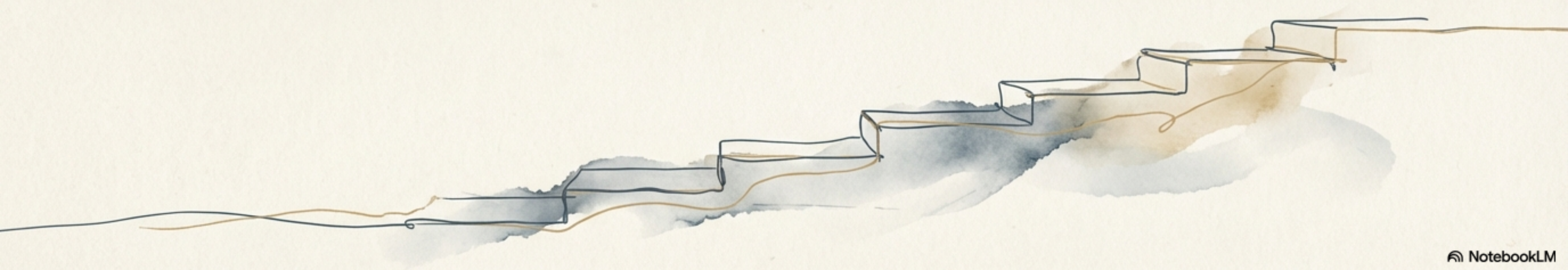
Putting yourself on a pedestal kills curiosity. By fearing the judgment of experts, we shrink. Mastery is subjective—who confers the title? It is often a self-imposed barrier.

The Novice Mindset

There is power in remaining a novice. It keeps you open to tweaking, changing, and enjoying the process of change rather than fearing the outcome.

The Shift

Replace “Practice makes perfect” with “Practice makes progress.” Do what is in front of you, step by step. Authenticity beats external standards.



GATE 2: THE FOG OF FALSE MODESTY

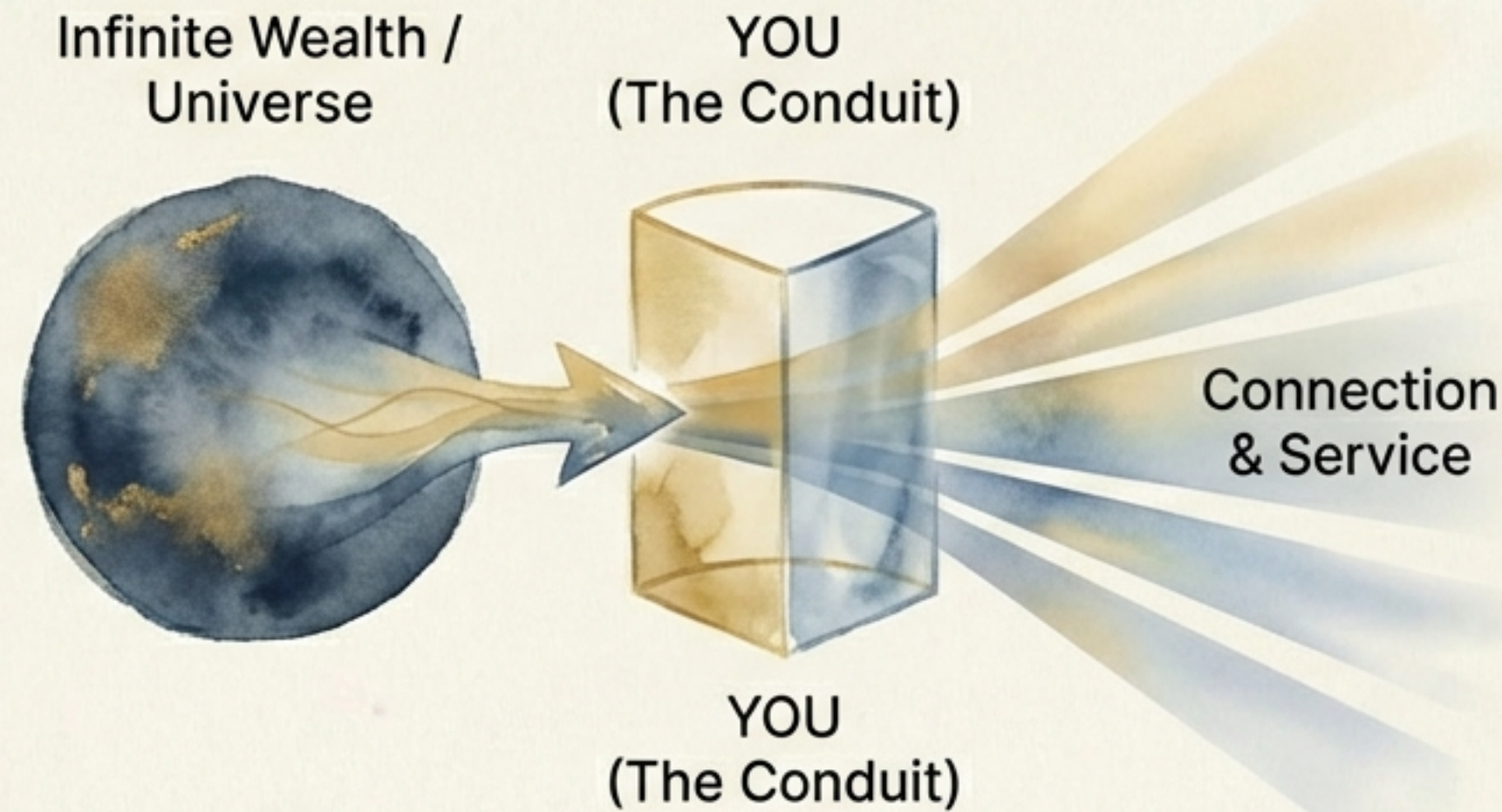
*I the one you failed to see
'cuz I chose to filter me
through a fog of mystery...
Denying what was there for me
the truth of the boundless me
afraid my own light would blind me
obscured from those I'm to help see
the infinite wealth of you and me.*

— From 'False Modesty'

You Are a Conduit, Not the Source

Redefining Ego

We often define Ego as arrogance. But low self-esteem is also Ego. Both "I am better" and "I am not worthy" prevent connection.



The Shift

If you are the Source, you are limited by your capacity. If you are the Conduit, you are the vessel for boundlessness. There is no need to be modest about what simply flows through you.

"Of course I am infinite... any time I try to be something other than that is where the suffering shows up."

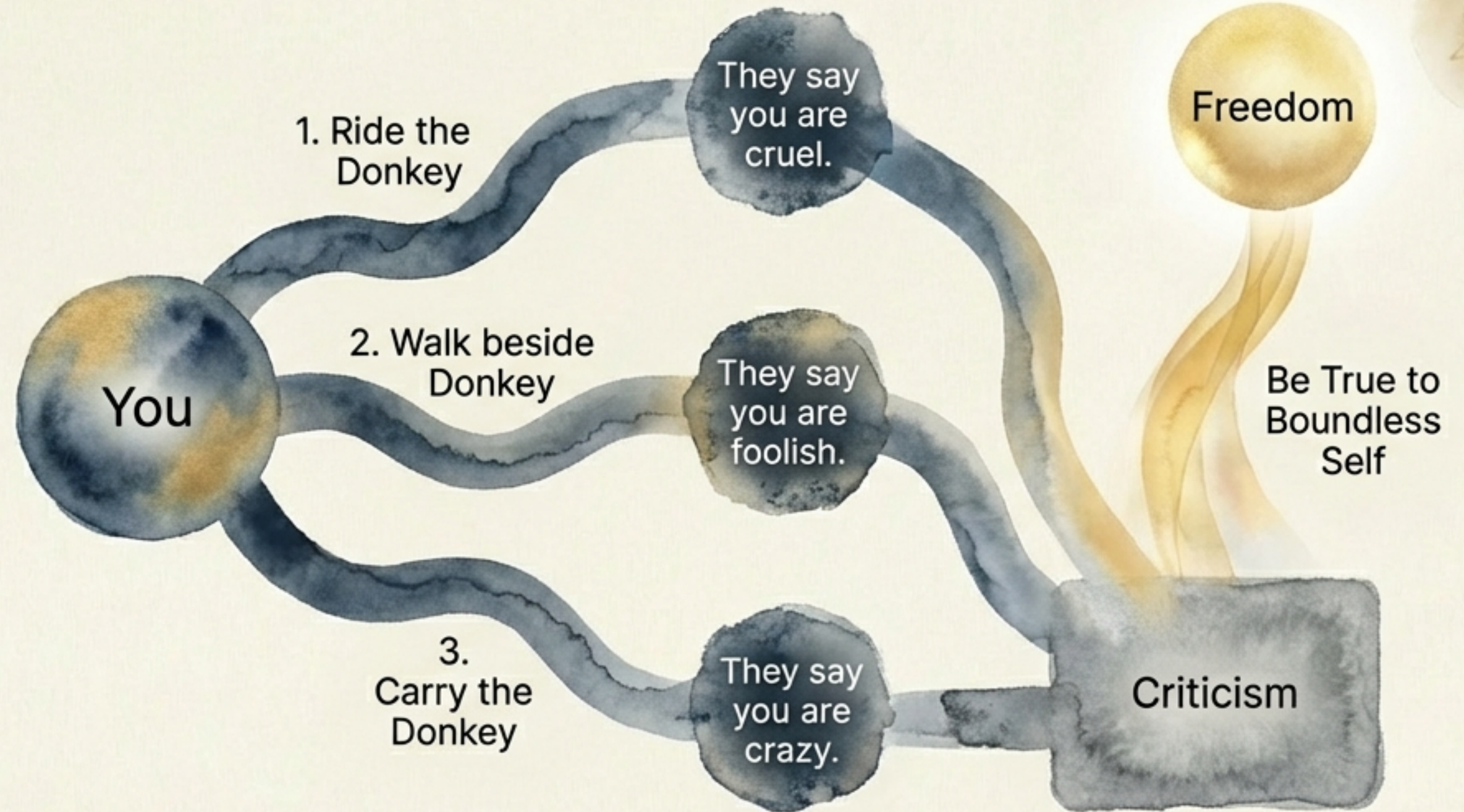
The Cost of 'Fitting In'

The Donkey Paradox

No matter what you do, someone will criticize you.

Trying to dim your light to make others comfortable is a losing strategy.

The core of suffering is the need to fit in.



GATE 3: THE SURRENDER TO LEGACY

I have a dream

*The dream has me even death cannot stop what I'm here for.
When breath is gone the dream lives on as others' inspiration.*

— From "I Have a Dream"



You Don't Have a Dream. The Dream Has You.

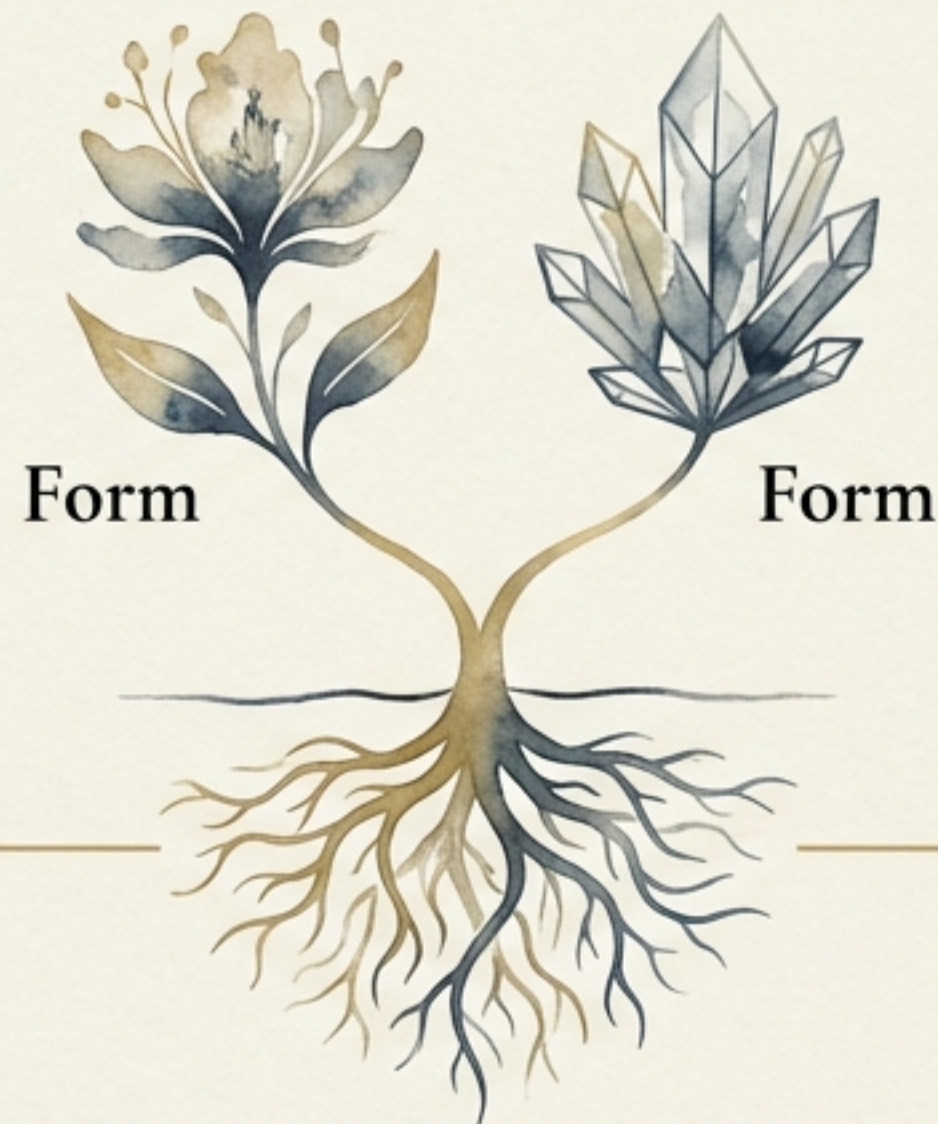
We often try to control the form our dream takes. When we surrender control, we realize the dream finds its own way, often invisible to the creator.

The Shift in Form

Maria thought her dream was "Fashion Designer." She ended up in technology.

Yet, she lived the dream daily by styling friends and practicing sustainability.

The essence remained; only the form changed.



The Shift in Time

Patricia is researching an ancestor whose poetry was never published.

100 years later, his unpublished dream is fueling her work.

Legacy plants seeds that bloom in timelines we cannot see.

GATE 4: THE ILLUSION OF DESERVING

*I do deserve
or I do not deserve
who makes the rules please do observe...
It is of no one's preserve
let's quit the ruse
and be as we are
no longer tied to deserving.*

— From "Deserving"



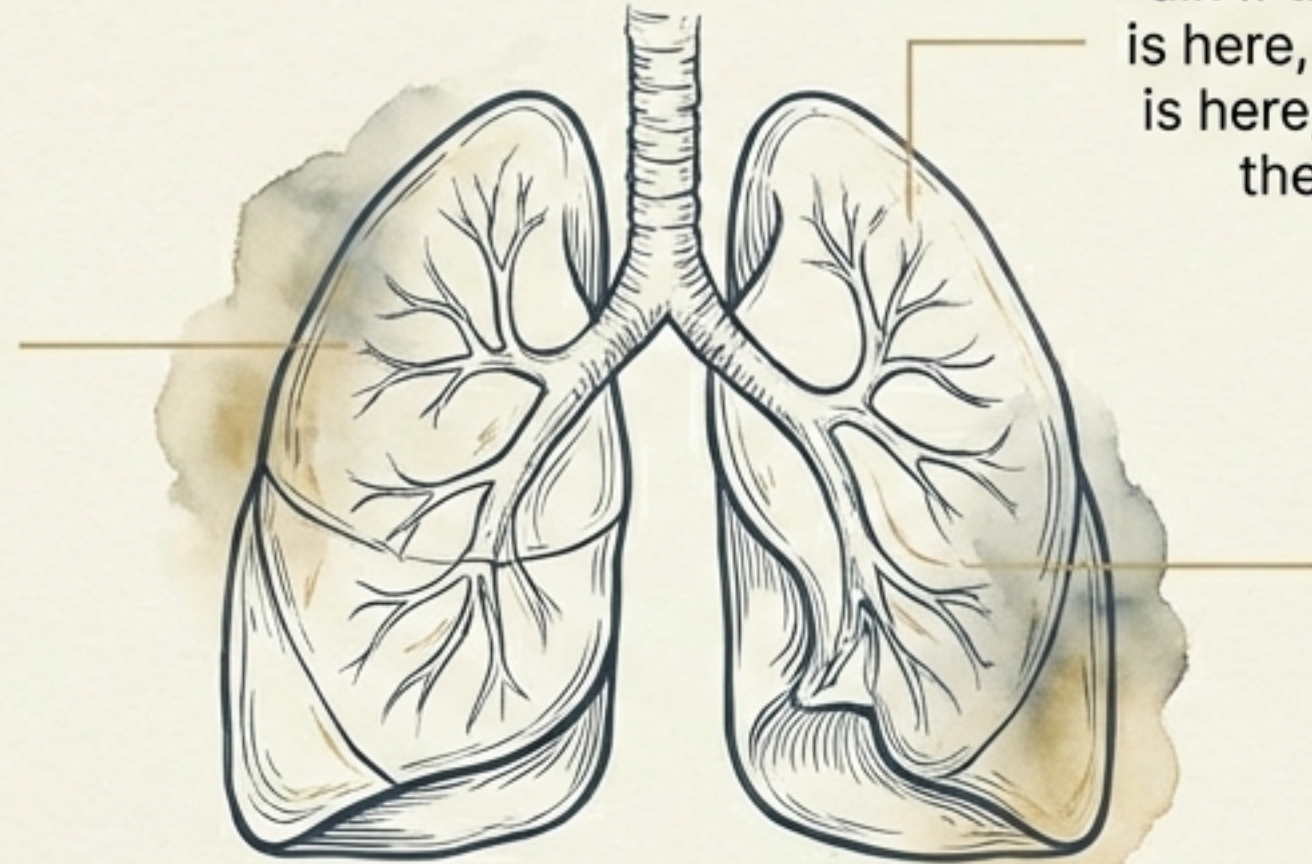
Take the Axe to the Root

Dismantling the meritocracy of the soul.

The Conflict:

"Why me?"

The concept of deserving acts as a gatekeeper to creativity.



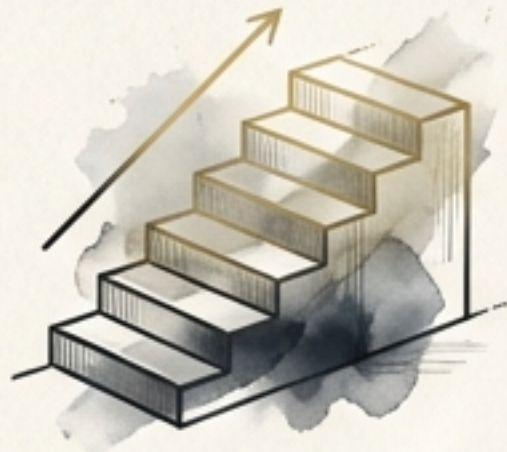
You do not ask if you "deserve" the air. If the lungs are here, and the air is here, you breathe. If the inspiration is here, and you are here, that is the the only permission needed.

The Solution:

Deserving is a human construct. Nature doesn't ask if it deserves to bloom.

"Stop robbing yourself (and the world) of your expression based on a subjective rulebook."

Synthesis: The Boundless Self



Mastery is a Trap

Don't wait for the title.
Trust the step-by-step.
Shift: From Perfection to Progress.



Modesty is a Mask

Don't hide the light.
Accept you are a channel.
Shift: From Source to Conduit.




The Dream is Alive

Don't control the outcome.
Let the dream have you.
Shift: From Ownership to Stewardship.



Deserving is an Illusion

Don't ask for permission.
Exist and express.
Shift: From 'Why Me?' to 'I Am.'



**We are all ticking time bombs
waiting to explode into the world
with our boundlessness.**

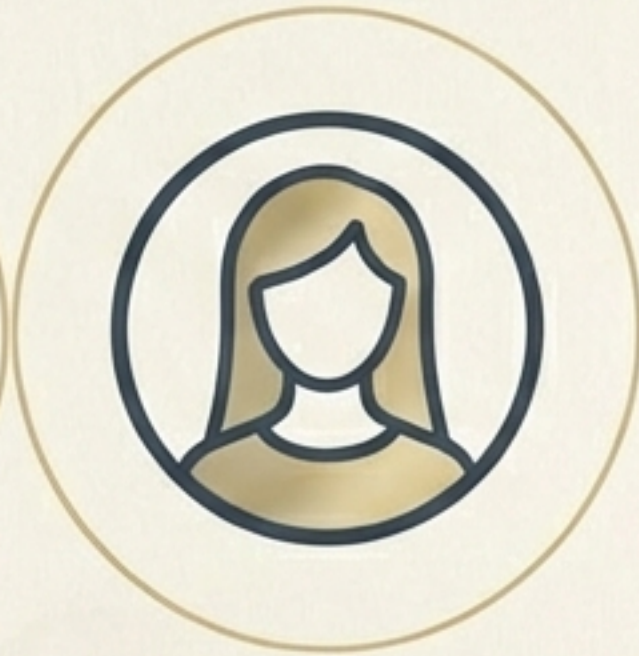
The Final Invitation: Purpose is simply being true to the highest expression of yourself in this moment. The universe is choosing you as the vessel. Just trust, accept, and let it be.

About the Source

This deck was curated from the transcript of "Poetricity Live Experience - CREATE Your DREAM Future Now Part 2".



Frank:
The Host & Poet



Maria:
The Technologist
& Stylist



Heather:
The Journaler &
"Master of Self"



Patricia:
The Researcher
of Legacy



Rael:
The Observer