

CHRISTIAN COUNSELLING AND COACHING

SOLUTION-FOCUSED, EMPOWERING AND PERSONALIZED APPROACH



We are a COMENSA Gold Training Programme Provider in line with COMENSA's Code of Ethics and Conduct and Behavioural Standards for Coaching

OPEN YOUR OWN PRACTICE AS A DYNAMIC LIFE PRACTITIONER, QUALIFIED WITH OUR FLAGSHIP CHRISTIAN COUNSELLING & COACHING CERTIFICATION.

This Christian Counselling & Coaching training course is the only learning programme in South Africa, combining the two disciplines of counselling and coaching at this level. Not only will delegates learn all the theory, models and principles to become an effective Counsellor and/or Life Coach, but we include all the practical training in the Curriculum. This means you will be able to take the next step of opening your own practice with confidence and skills.

WHO SHOULD ATTEND?

- Aspiring professional coaches, pastors, life coaches, career coaches, Neuro Linguistic Programming Practitioners, pastoral & life counsellors, religious practitioners and sport coaches.
- Anyone who wants to support other people in achieving a specific personal and/or professional goal.

COURSE FEE INCLUSIONS

- All training material.
- Audios & Videos where applicable.
- Assessment & Certification.
- Entrance to the Virtual e-Learning Center.
- All necessary templates & tools.



"Believing in myself was something I struggled with for a long time. After years of emotional abuse, I found the strength to pick up the broken pieces and move on. I began to try to find my purpose in life. I felt a spark when I found the Dynamic Christian Coaching website. I know my purpose is to be a life coach and help others live joyfully. The way Dr. Leon kept me inspired was remarkable. He has a gift to see the best in those he teaches and mentors. I know I will make a difference and give back just like he does. As a single mother, I was glad to be able to complete online classes around my schedule."

~ Chantel N ~

TRAINING PROGRAM CURRICULUM

COUNSELLING

01 Biblical Basis for Counselling

- Introduction to Biblical Counselling
- The Word & Spirit in Counselling
- The Ministry of Counselling

02 Foundations for Counselling

- The Qualifications of the Counsellor
- The Foundations of Biblical Counselling

03 The Counselling Process

- Counselling Preliminaries
- Gathering & Clarification Information
- Instilling Hope
- Breaking Down the Problem
- Using Scripture in Counselling
- Sharing Solutions
- Giving & Checking Homework

04 Counselling Resources

- Counselling Cautions
- Using Illustrations in Counselling
- Common Counselling Questions
- Counselling Resources

05 Counselling Competencies

- Attending
- Questions & Clarifying
- Reflecting Feelings
- Summarization
- Confronting
- Connecting
- Analysis Methods
- Integration

06 Counselling Praxis

- Biblical Foundation for Change
- Sustainable Change
- Dealing with Self
- Interpersonal Problems
- Interpersonal Relationships
- Life Dominating Problems
- God's Standards for Life

07 Counselling Specialization 101

- Preventing Suicide
- Post Traumatic Stress Disorders
- Counselling Children
- Counselling Teenagers

08 Counseling Specialization 201

- Marriage & Family
- Codependency
- Addictions
- Domestic Violence

TRAINING PROGRAM CURRICULUM

COACHING

09 Coaching Overview

- The Need for Bible Based Coaching
- Different Viewpoints
- Types of Coaching
- Specialised Coaching

11 Establish a Coaching Plan

- Christian Wellness Inventory
- The Abraham/Eliezer Test
- S-M-E-R-T-I-E: Solomon to Esther
- Problems, Planning & Price
- Resources

13 Confirming Identity

- Understanding Identity
- Characteristics of Identity
- Causes of Identity Struggles
- Steps to Solution

15 Lies We Believe

- The Truth About the Lies
- The Truth About the Truth
- Telling the Truth
- Living the Truth
- Doing the Truth

10 Discovering Destiny

- My Calling as a Life Coach
- My Allegiance to God
- Preparation, Desire, Passion & Motivation

12 Knowing God's Voice

- The Voice of God
- The Will of God
- The Two Languages God Speaks
- Revelation
- Pre-requisites of Knowing God's Voice
- The Burning Bush
- Biblical Decision-Making

14 Taking Thoughts Captive

- The Captive Process
- Events & Triggers
- Common Thought Patterns
- Identifying Thoughts
- Core Beliefs
- Challenging Thoughts & Strategies

16 God In Your Neurons

- Thoughts, Faith, Energy & Your Brain
- The Logbook for Life

Plus ... Spiritual Growth Resources & Tools



CERTIFICATION PROCESS

- Completion of Enrollment Form.
- Confirmation & Billing.
- Booking of Seat / Payment of Deposit.
- Contact Session Attendance (Where Applicable).
- Practical Assignments Completion & Submission.
- Assessment & Certification.

Training Dates For 2024

Starting 01 February 2024

Starting 01 July 2024

Contact Sessions via Zoom -
Selected Monday Evenings & 5
Saturdays during 2024
19h00 - 21h00 & 08h30 - 15h30

Duration

12 - 24 Months

Training Cost For 2024

Once Off: R 17 550,00

Payment Terms: R 18 950.00

*(Payment Terms: Contact our admin
office)*

"I would like to express my sincere thanks to the LEDISA team for the way they have assisted me during my studies. I certainly would not have been able to finish the work without the direct involvement and support of Dr. Leon. Your understanding and patience over the past two years will always stay with me, and I will always be grateful for that."

~ Derek M ~

TERMS & CONDITIONS

- Certification as Dynamic Christian Counsellor and Bible-Based Transformation Life Coach after completion.
- Audio and/or video taping of any portion of this presentation is prohibited without prior written permission.
- Payment terms available, providing full payment before completion of contact sessions.
- LEDISA Academy (Pty) Ltd reserves the right to refuse admission and/or withhold certification where evidence of payment cannot be shown.
- Course material for pre-reading (if applicable) will be sent by E-Mail or WeTransfer after payment. A self-coaching personal growth assessment must be completed and submitted no later than one week prior to the commencement of the contact session.
- In the event of unforeseen circumstances, LEDISA Academy reserves the right to change the program content, speakers, venue, or date. In this instance, you will be notified no less than ten (10) working days prior to the event.
- Should the event be postponed, you will have the option to attend the next available date of the relevant event.
- Cancellation of registration after training material sent to delegates will not be accepted. A cancellation fee of 50% of the course fee will be applicable in the instance where training material has already been sent out to the delegate requesting the cancellation.

"I had been through years of counselling, yet still felt depressed, anxious and suicidal. I prayed for answers. Your coaching program has been a miracle. I see significant changes in the way I interact with family, friends and co-workers. I have let the past go, my confidence is good and I feel a new inner peace."

~ Martha F ~

"I registered my company in August "Open Door Coaching & Training". With LEDISA's assistance it was an easy and affordable process. Went to my first COMENSA gathering last week. It was great."

~ Dorothy Doorasamy ~

"I am super excited to see how this process assist my clients in changing their lives. And this is sustainable change. I love every minute of my work."

~ Willie Roos ~

MASTER TRAINER/SENIOR LECTURER PROFILE



Leon, the founder of LEDISA Academy (The Leadership Foundation), is regarded as an expert in the development of people in Southern Africa and is a sought-after public speaker and facilitator in the areas of motivation, people development, life transitions, overcoming challenges and increasing a sense of fulfillment and joy in life.

In the area of people development, Leon obtained B.Th. and B.D. degrees Cum Laude at the University of Pretoria and his resume includes a Doctorate Degree in Pastoral Counseling (2007). He further qualified himself as a Master Life Coach, specializing in Christian Neuro Linguistic Transformation techniques. He is currently part of an international project team researching Christian NLP and Christian Behavioural Conditioning.

As a business coach, he gained valuable experience being part of a project team researching and establishing the first Sasol open cast colliery in Mpumalanga, South Africa, as well as working as a Materials Manager, Marketing Manager & Supply Chain Manager for various companies, including Sasol, Genfood Industries, Master Runners and Agrifeed International.

He is currently a member of Coaches & Mentors South Africa (COMENSA), the Association for Neuro Linguistic Programming (ANLP), International Coaches Register (ICR), the American Association of Christian Counselors (AACC), the International Christian Coaching Institute (ICCI) as well as the Association of Christian Counsellors South Africa (ACCSA).

His passion for the development of people led to the establishment of LEDISA Academy (Pty) Ltd, focusing on the positioning of people for development and growth through mentoring, coaching, counselling and customized training. Leon is currently the Managing Director of LEDISA Academy (Pty) Ltd as well as Founder of the internationally recognized Life Coach Academy.

"The way Dr. Leon kept me inspired was remarkable. He has a gift to see the best in those he teaches and mentors."
~ Chantel N ~

"Leon is for sure an excellent coach and trainer. Thanks for the effort. You are a great inspiration."
~ Mala James ~

LEDISA ACADEMY (PTY) LTD

LEDISA Academy (Pty) Ltd is a leading provider of quality work based learning and training solutions and resources throughout South Africa and abroad, from Government funded skills training, corporate training, personal development, coaching, mentoring, counselling, bespoke professional qualifications through to employability services and the development of people through growth and quality training course material. LEDISA Academy (Pty) Ltd is an accredited training provider registered with SAQA (ETDP SETA, SSETA & TETA) & International Coaches Register, as well as a Registered Training Institute with COMENSA (Coaches and Mentors South Africa).



**FOR MORE INFORMATION
CONTACT OUR ADMIN OFFICE**

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