



Guiding Your Parenting With The Four Clairs.

To begin with let's briefly cover what the clairs are. They are specific ways you may sense, feel, hear or connect with the universe. When we say universe, we are referring to what you might call god, angels or spirit. We believe children are born tapped into source. We all have the ability to tap in as needed but around age seven due to societal structures, beliefs and conditioning we start to block out our senses. We chose to keep our senses open and rely on our intuition while raising our children. We also encouraged our children to tap into their intuition. Sometimes we may use one clair more than the others, or we'll use them all. You have the ability to tap into your superconscious self, your intuition and use it in your parenting.

Here is a break down of each of the clairs.

Clairvoyance – Clear seeing. One might tap into this clair by seeing moving objects, forms out of the corner of your eye, clear visuals of spirits, premonitions. You might see patterns of numbers regularly such as 111, 222, 4:44 or another sequence. Clear seeing can also come to you through dreams in your dream state. You might have a vision that appears very clear to you. (Visions)

Clairsentience – Clear feeling. A spirit or guide might come to you through a specific smell. Feeling or emotions may come out of the air. You may feel the air pressure change. You may sense someone is standing behind you or is staring at you. Sometimes you get goosebumps down the back of your neck. Some psychics who are clairsentient can retrieve information from houses, buildings or nature, tap into world events or their child while away at school. (Feelings)

Claircognizance – Clear knowing. Sometimes you just simply know something and have no idea how you could know it. Sometimes the universe downloads information to you to use in your daily life, to write a book, compose a song or invent something. Ask the universe to download techniques and wisdom to use in your parenting. (Thoughts)

Clairaudience – Clear hearing. This applies to people who hear messages. Maybe you hear a message come through in your awakening state right before you get out of bed. Loving message comes through from a loved one passed on. You over hear a conversation in another room and when you walk in there's no one there. If clairaudience is one of your intuitive gifts, your higher self or your spirit guides will use mostly sounds, words, songs or voices to speak to you. Many famous composers are clairaudient. (Sounds)

“Everything is imbued with energy and one only needs to raise his or her vibrational frequency in order to access all that the Universe has to offer.” ~ Jennifer Longmore

Teaching Your Children About Their Different Senses.

Your child may already be showing signs of being able to freely tap into their intuitive abilities. They may mention seeing people who are not there, imaginary friends, talking to their angels, sensing when grandma is coming over or perhaps speaking to a pet who has recently passed over. The key is not to discourage them or discount what they may be saying, even though it may not make sense to you. If you discount their abilities they may clam up, feeling insecure and unclear if they should share with you their psychic traits. Listening to them and being open to your own intuition to guide you through each event or discussion can also open up and enhance a deeper connection between you and your child.

Children need to be validated and feel secure when it comes to their abilities. Let them know it's OK to open up and share their experiences, dreams, thoughts, and premonitions with you as they happen. Trust your own intuition to guide you on what is appropriate and what is not depending on their age. It's best if we don't interject ideas into their heads, we just listen and respond as necessary when they are sharing a specific experience.

Guide your child on how they may feel around a certain person or situation. Practice sending thoughts to each other and validate when they are received clearly. Get the grandparents in on the action. For example they could invite you over for dinner and through out the day send you thoughts about what you'll be eating at dinner time. Ask your child to notice if they receive any confirmations through smell, sense, taste or thoughts. Before you go to dinner discuss what you think you'll be having. This is just one example. Get creative and have fun building your intuitive muscles together.



We'll have more examples in our book 10 Ways To Parent Consciously; Parenting In The New Paradigm. Available on Amazon and on Etsy at Soul To Soul With Carol
To dive into discussions deeper be sure to sign up for our newsletter and stay connected.

There are many books available on the subject of raising psychic and intuitive kids. We've compiled a list for you for easy access. The more parenting tools you have in your toolbox the better.

[Your Psychic Child: How to Raise Intuitive & Spiritually Gifted Kids of All Ages](#)

[The Intuitive Spark: Bringing Intuition Home to Your Child, Your Family, and You](#)

[The Energetic Keys to Indigo Kids: Your Guide to Raising and Resonating With the New Children](#)

[Is Your Child Psychic?: A Guide to Developing Your Child's Innate Abilities](#)

[Kids Who See Ghosts: How to Guide Them Through Fear](#)

[Raising Intuitive Children: Guide Your Children to Know and Trust Their Gifts.](#)

[The Highly Sensitive Child: Helping Our Children Thrive When The World Overwhelms Them](#)

[The Secret Spiritual World of Children](#)

[The Indigo Children: The New Kids Have Arrived](#)

[The Children of Now: Crystalline Children, Indigo Children, Star Kids, Angels on Earth, and the Phenomenon of Transitional Children](#)

A little bit about who we are and our mission. We are Carol Lawrence and Stacy Toten. We've been best friends for over 35 years! We've raised our children together and have always dreamed of writing our own children's books. For the past nine years we've been making this dream come true!

We realized when we started out on our writing journey we would need to build our audience online and that's when our blog, [Intentional Conscious Parenting](#) was born. We wanted a way to connect deeply with other parents who have an interest in living their lives and parenting consciously. We both love spending time in nature, reading, writing, spirituality, spending time with our family, friends and fur babies.

Thanks for being a part of our community. We appreciate you!



Remember there is no parenting handbook on this planet that is written just for your family. However, there are great guidelines, but you have to figure out your parenting process as you go along minute by minute, hour by hour.

Your parenting journey is unique to you. There are some topics children should not be involved with. Limits and boundaries should be put in place. You as the parent should be relying on your intuition and common sense.

IntentionalConsciousParenting.Com