

A MONTH OF  
**MANIFESTATION**  
JOURNAL PROMPTS



MAGICAL REALM  
KRISTY



## Day 1:

What are my top three desires right now, and why do they matter to me?

## Day 2:

If I could have anything I wanted, without limits, what would I manifest today?

## Day 3:

How do I feel when I imagine my dream life? What emotions can I embody now?

## Day 4:

What would a perfect day in my ideal life look like? Describe it in detail.



## Day 5:

What beliefs about abundance or success do I need to let go of?

## Day 6:

How can I step into the version of myself who already has what I desire?

## Day 7:

Write a thank-you letter to the universe for granting your manifestations.





## Day 8:

What are three small actions I can take today to align with my goals?

## Day 9:

What does financial freedom mean to me, and how would it feel in my life?

## Day 10:

What does abundance look like in relationships, health, and wealth?

## Day 11:

How have I already seen the universe support me on my journey?



## Day 12:

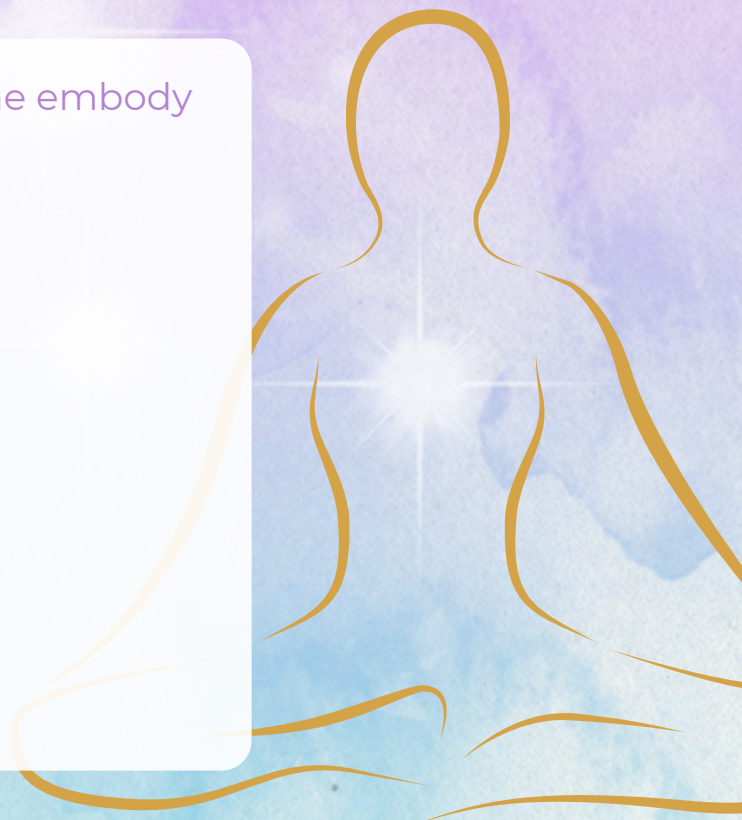
What new opportunities am I open to receiving this month?

## Day 13:

Imagine my manifestation as if it has already come true—how do I celebrate it?

## Day 14:

What daily habits or routines would help me embody the energy of my desires?





## Day 15:

What does my dream home, career, or lifestyle look and feel like?

## Day 16:

What doubts or fears about manifesting am I ready to release?

## Day 17:

How can I express gratitude for what I already have in my life?

## Day 18:

Write three affirmations that align with your manifestations.



## Day 19:

If time, money, or fear weren't obstacles, what would I pursue?

## Day 20:

What signs or synchronicities has the universe sent to guide me?

## Day 21:

What inspires me, and how can I bring more of that energy into my life?





## Day 22:

How will my manifestations positively impact others in my life?

## Day 23:

What limiting story about myself am I rewriting to support my dreams?

## Day 24:

How do I handle setbacks or challenges while staying aligned with my desires?

## Day 25:

What does true abundance mean to me beyond financial wealth?



## Day 26:

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## Day 27:

How do I want to feel about myself and my life one year from now?

## Day 28:

What specific qualities of my dream job, partner, or home do I want to manifest?





## Day 29:

If my manifestation journey were a story, what chapter am I in right now?

## Day 30:

What does it feel like to fully trust the universe's timing?



# Day 31:

**Reflect on this month:**

What progress have I made in manifesting my dreams?

