

## Day 10 – Your Life Is a Spell

Theme: Simple Daily Magic + Spellcraft

Today, we remember: every act can be a spell if it carries intention. Let's create sacred action.

### Today's Practice

1. Write This:

"Today, I call in..."

2. Choose a Symbolic Action:

Tie a string, burn a note, dress a candle, bury a stone — anything that feels powerful.

3. Perform it With Reverence

Let it be enough. Let it be sacred.

### Reflection Prompts

- What did I feel as I created this spell?
- What part of me was speaking in the ritual?
- What intention do I want to energise again tomorrow?

### Optional Extras

- Create a spell for the next moon cycle.