

Day 4 – Your Inner Wisdom Speaks in Symbols

Theme: Oracle Cards – Reading for Yourself

Today we explore intuition through images and symbols. Oracle cards aren't magic — they're mirrors. Let them speak, then let your inner voice speak louder.

✨ Today's Practice

1. Clear Your Deck

Shuffle slowly. Breathe. Ask to connect with your inner wisdom.

2. Ask: "What energy wants to guide me today?"

Pull one card and observe it.

3. Sit With It

Set a timer for 3 minutes. Let your feelings and impressions rise. Then journal 3 words or messages that come through.

☁ Reflection Prompts

- What did I feel before reading the guidebook?
- What personal meaning did the card hold for me?
- How might I follow that guidance today?

🌿 Optional Extras

- Build a mini altar around the card.
- Try a 3-card spread: Past – Present – Energy to Call In.