



# I'm Grateful

Because I Am

## My Grateful Collage

### Instructions:

Reflect on what makes you feel grateful and who or what brings joy to your life. Create a collage that represents the many things you appreciate. Use the ideas below to get started and add any other categories you can think of! Paste your favorite pictures from magazines or draw your own. Feel free to use more than one page or even the backside of this page to fully express yourself.

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### Categories to Include::

- Things I am thankful for
- People who make me happy
- My favorite places
- Acts of kindness I've done or received
- Special moments I treasure
- My favorite gifts
- Nature scenes I love
- Everyday joys

Display it proudly to celebrate all the wonderful things that make you. YOU!