



I'm Beautiful

Because I Am

My Beautiful Collage

Instructions:

Think about what makes you feel beautiful inside and out. Create a collage that showcases your unique beauty and the things that make you proud. Use the ideas below to get started and add any other categories you can think of! Paste your favorite pictures from magazines or draw your own.

Categories to Include::

- What makes me unique
 - My talents and strengths
 - People who love and support me
 - Ways I take care of myself
 - My favorite activities
 - Times I felt proud of myself
 - Beautiful things in nature
 - Positive affirmations about myself
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Display it proudly to celebrate all the wonderful things that make you. YOU!