

🌱 Your Organic Home  
Gardening Quick Start Guide  
*freebie*



A beginner's guide to growing  
fresh, healthy food at home.



by Donna | Living Well with Donna

# 01

# Getting Started

## **Choose the Right Location**

- 6–8 hours of sunshine
- Shelter from strong winds
- Good drainage
- Easy access to water

## **Build Healthy Soil**

- Add compost regularly
- Feed the soil, not just the plants
- Mulch to retain moisture
- Avoid unnecessary chemicals

## **Start Small**

You don't need a huge garden. Even a few containers or a small raised bed can produce an amazing harvest.

# 02

## Easy Vegetables for Beginners

### Very Easy

Lettuce  
Radishes  
Silverbeet  
Spinach  
Spring onions  
Beans  
Tomatoes  
Herbs

### Ready In

4–6 weeks  
4–6 weeks  
Ongoing harvest  
Ongoing harvest  
8–10 weeks  
8–10 weeks  
Summer crop  
Harvest year-round

### Monthly Checklist

- ☐ Feed plants
- ☐ Water deeply
- ☐ Remove weeds
- ☐ Check for pests
- ☐ Harvest regularly
- ☐ Add compost

# Donna's Top 10 Gardening Tips

1. Grow what you actually eat.
2. Healthy soil grows healthy plants.
3. Compost is garden gold.
4. Water deeply, not often.
5. Mulch saves water.
6. Flowers attract pollinators.
7. Don't be afraid to experiment.
8. Every season teaches something.
9. Harvest often for better production.
10. Enjoy the process.

# 04

## Ready to Grow More?

If you've enjoyed this guide, you'll love my complete book:

 From Seed to Supper – Your Guide to Organic Home Gardening

Inside you'll learn:

- Planning your garden
- Organic growing methods
- Composting
- Pest management
- Seasonal planting
- Harvesting
- Preserving your produce

# 05

## Ready to go Beyond the Basics?

You've got the quick start.

Now take the next step.

**From Seed to Supper** is my complete guide to growing, harvesting and enjoying your own food — from preparing your soil and choosing what to plant through to seasonal gardening, natural pest management, harvesting and preserving your produce.

**This is where your gardening journey really begins.**

**GET YOUR COPY OF FROM SEED TO SUPPER**

Living Well with Donna